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Food, Page 1C



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VOLUME 20, NUMBER 82

WEDNESDAY, OCTOBER 16, 1996

FIFTY CENTS



(Staff photo by JOHN FREESE)
 Granite City Park District employees John McDaniel, Donald Hagan and David Rea, from left standing, watch as Bill Turcott and Bill Monical check a crate of Narcissi spring bulbs imported from Holland.

Flower giveaway

Annual distribution is set for Saturday at park

To everything there is a season. And that includes flowers. Wilson Park's annual flower giveaway is the result of the necessity to remove one kind of flower to make room for another — sort of an "out-with-the-old, in-with-the-new" solution.

The flowers to be distributed Saturday, Oct. 19, are annuals planted in the park's gardens last spring, according to Bill Monical, grounds supervisor for the Granite City Park District.

They must be removed to prepare for the planting of tulips and other spring flowering

bulbs, Monical said. Even though the plants are annuals, some varieties may be used as house plants and some will seed, he said.

If seeds are properly stored, they may be used for planting next season.

Park gardeners will be digging up the annuals from 8 a.m. to noon Saturday. They will also be available to answer questions.

Varieties available include geraniums, annual hibiscus, copperleaf, begonias, verbena, coleus, vinca, gomphrena, zinnia (classic), lisianthus, marigold, Joseph's coat, cuphea (Mexican heather), salvia, croton.

(See FLOWERS, Page 8A)

Team being formed to deal with hazardous materials

Madison County firefighters are banding together to become self-sufficient in dealing with hazardous materials.

The county currently lacks a team qualified to deal with such emergencies and local departments have had to wait as long as an hour for a St. Louis team to arrive. But an initiative by the Madison County Emergency Management Agency may soon end the wait.

Agency director Jack Guidley is organizing a team of 56 firefighters and industry representatives to form the county's first hazardous

materials team.

"Overall, the county is extremely weak in this area," he said. "There is no fire department trained to get in there and stop a leak."

Vesco Distributing of Granite City donated a 32-foot truck once used to deliver beer that's perfect for the team, he said.

Meanwhile, the team is still in need of \$85,000 worth of "moon suits," scrub brushes, absorbent chemicals and other equipment to store in the truck, which will be housed on a rotating

(See TEAM, Page 6A)

Racial tension

GCHS incidents result in suspensions, criminal charge

By Bob Slate
 Staff writer

Several disturbances at Granite City High School this month involving students with different racial backgrounds have prompted school administrators to notify parents of the apparent racial tension there.

But, according to GCHS Principal Bill Rotter, the majority of students have not been involved in the incidents and most students get along well with other students of any race.

"It is a small group (both Caucasian and African-American) who disregard the rights and feelings of others," Rotter said.

In a letter sent to parents in the mail last week, Rotter outlined the circumstances of three apparently separate incidents at the school since Oct. 1 stemming from "racial tension."

In an Oct. 1 incident, a Caucasian male bumped into an African-American female while moving a chair from one table to another in the cafeteria. Words were exchanged and school staff broke up the confrontation.

Administrators and monitors spent extra time in the cafeteria to prevent a recurrence.

In another incident Oct. 4 at the bus loading

'It is a small group (both Caucasian and African-American) who disregard the rights and feelings of others.'

— Bill Rotter
 GCHS principal

area, two boys — one white and one black — became involved in a dispute and went to the edge of the campus near State Street, where a fight ensued. About 100 students gathered around the combatants and several other fights broke out.

In the most recent incident, apparently unrelated to the other two, an African-American female was charged with aggravated battery, a felony, after she struck an assistant principal. When the incident took place, the administrator was escorting two African-American students to the office following a verbal dispute in the cafeteria.

(See TENSION, Page 6A)



(Photo by ED SEDEF)
Anniversary — Bishop Daniel Ryan greets Ted Kwiatkowski during celebration of the 125th anniversary of St. Elizabeth Catholic Parish in Granite City. Story, more photos on Page 3A.

In the Journal

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5-DAY FORECAST

John Fuller, Chief Meteorologist KSDR-NewsChannel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
74 54	76 55	68 49	59 40

Children's behavior to be explored

By Scott Cousins
 Staff writer

Because of divorce, drug abuse, sexual abuse, attention deficit disorder and all the other problems in family life today, child care workers need to know how specific problems can affect children's behavior.

To help meet that need, the Children's Home & Aid Society of Illinois, the Illinois Department of Children & Family Services and Starnet Region IV are

sponsoring a one-day conference on "Understanding Children's Behaviors" from 8:30 a.m. to 3 p.m. Saturday, Nov. 16, at the Collinsville Holiday Inn.

Conference sessions will cover everything from how divorce affects children to different infant temperaments and normal child development.

Shari Schewpe of CHAST's Child Care Resource & Referral Program said the conference "is a unique opportunity for all child care professionals to improve their understanding of children and their

behaviors."

She said all children should not be expected to behave alike, and some have reasons for behaving the way they do.

"(Child care) providers need to be a little more educated about why the children behave the way they do. They're dealing with so many issues it's scary."

She said child care providers cannot assume the children they watch come from perfect two-parent homes. In an average child care situation of eight or 10

(See BEHAVIOR, Page 6A)



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LOCAL NEWS

Furnace rattles NAACP; inspections called wise

ALTON — Fire Chief John Sowders said NAACP officials did the right thing by having their furnace inspected, even though the news was bad for the organization.

"We have a hole in our furnace, and the escaping carbon monoxide will shut us down until we can repair the furnace," said Stephan Walker, political action chairman of the Alton Branch, National Association for the Advancement of Colored People.

Sowders said having an annual inspection, as the NAACP did, is a wise move. The building at 731 Silver St. is the first permanent headquarters in the 66-year history of the branch. It was donated by Mercantile Bank of Illinois, and volunteers spent nine months and \$18,000 fixing up the deteriorating building in the "Mexico" area.

Branch President James Gray said the location will give the organization closer contact with the city's most troubled neighborhood.

However, when cool weather kicked in, an inspection revealed the hole in the furnace and the leaking gas.

Sowders said the case reveals the importance of having furnaces inspected before the weather gets cold. "Inspection and maintenance of the flue are essential," Edwardsville Fire Chief Mike Kariechik said.

"We respond to 30-50 carbon monoxide calls each year," Sowders said.

He said one or two people out of that number become ill and have to be treated for poisoning. He said there are two main problems that happen to cause carbon monoxide leaks. "The vent becomes clogged when squirrels build their nests in the flue or something of that nature, or corrosion causes a hole," Sowders said.

Sowders said fire officials strongly recommend carbon monoxide detectors, because the gas is colorless and odorless, along with an annual inspection.

"We know of several instances in which those detectors have saved peoples' lives. They can be a nuisance sometimes, but they've proven their worth," he said.

Kariechik said his department has more false alarms from the detectors than actual emergencies, but he said it is better to have the devices and risk illness or death from the fumes.

Walker said branch officials are still trying to figure out how to get the furnace fixed. "We are in a quandary because we don't have any money," he said.

— From The Telegraph

SIUE center offers short management courses

The Small Business Development Center at Southern Illinois University at Edwardsville will offer many short management courses during the month of October. Each workshop will meet at University Park in room 1132.

Workshops, dates and fees include:
• How to Start a Business — the book "Steps to Small Business Start-Up" is indicated; Oct. 15, 22, and 29, from 6:30 - 9:30 p.m. Fee is \$60.

• How to Develop a Business Plan — the book "Anatomy of a Business Plan" is included; Oct. 19 and 26, from 6:30 - 9:30 p.m. Fee is \$60.
• Financing Your Business — taught by a banker; Oct. 23, from 6:30 - 8:30 p.m. Fee is \$25.

• Accounting and Records for Small Business — taught by a certified public accountant; Oct. 24 from 6:30 - 9:30 p.m. Fee \$50.

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Composting demonstration Saturday

A composting demonstration will be held at the site of the Collinsville Area Recreation Department, 2200 Vandalla, at the Open Gate Tour Garden, from 10 a.m. until noon, Saturday, Oct. 19.

The demonstration will be conducted by Master Gardeners of the University of Illinois Cooperative Extension Service.

Master Gardeners are volunteers who are trained extensively in horticulture. For more information about the workshop, call the Madison-St. Clair Unit offices of the Cooperative Extension Service at 692-7700 or 236-8600.

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LOCAL NEWS

Paroled felon convicted in pair of area rapes

By Tim Rowden
Staff writer

Michael D. Shipley, who committed a pair of rapes less than a week after being released from prison, now finds himself back behind bars.

Shipley, 45, pleaded guilty earlier this month to one count of statutory rape, two counts of kidnapping and one count of tampering with a motor vehicle in connection with a pair of abductions and sexual assaults which occurred on May 22 and 23 and a car theft May 22.

Shipley, who has a criminal record dating back to 1968, had been living in Cahokia, since May 17 after being released from a prison work farm in Jefferson City, where he served 3½ years on a 1992 robbery conviction.

On May 22, authorities said, Shipley picked up a 15-year-old girl in Cedar Hill. Shipley was a friend of the girl's family, authorities said, and had offered to help the girl obtain a false identification card.

Detectives said he drove the girl around the county, then to Granite City, then to Pevy, where he hit her in the face and threatened her with a gun before raping her.

On May 23, authorities said, Shipley offered a ride to a young couple in Granite City who had a flat tire. Shipley told the couple he had a spare tire that might fit their wheel and drove them to Arnold, where the young man got out of the vehicle, Shipley drove away with the 18-year-old woman.

Detectives said he drove the woman to somewhere near the Jefferson County-St. Louis County line and, in a pattern similar to the first incident, hit her in the face and threatened her with a gun before raping her.

Both incidents took place in a 1995 Jeep Cherokee which Shipley allegedly had stolen from an acquaintance in south St. Louis May 22.

Jefferson County Prosecuting Attorney Bob Wilkins said Shipley was charged with the 18-year-old's kidnapping but not with her rape because authorities could not be sure where the rape occurred.

Likewise, Wilkins said he chose to seek a statutory rape rather than a forcible rape charge in the incident involving the 15-year-old because, though Shipley had threatened use of a gun, he had never shown a weapon.

"Both of the victims got into the vehicle willingly," Wilkins said. "It was at some point during the ride, when he suggested they engage in a sex act, that they no longer consented to be there."

Until the 1991 robbery charge, Shipley's prior convictions had consisted mostly of stealing and tampering incidents involving auto thefts.

"He's a thief," Wilkins said. "All of his priors were for stealing cars and he was driving a stolen car at the time of these incidents."

Circuit Judge Gary Kramer sentenced Shipley to seven years in prison on the rape charge, two concurrent 14-year terms on the kidnapping charges and a concurrent seven-year term on the tampering charge.

As a prior offender, he will have to serve at least 11½ years in prison before he is eligible for parole.

"At this point, he becomes a threat to the safety of the citizens of this county," Wilkins said. "Even though his prior convictions were property crimes related to auto theft, the mere fact that there were prior convictions will cause him to serve 80 percent of his sentence."

SIUE open house is Nov. 11

SIUE officials have scheduled their annual open house for next month.

High school students and their parents will have opportunities to visit faculty, staff and students at Southern Illinois University at Edwardsville during "Preview SIUE," the University's annual open

house, Monday, Nov. 11.

Community college students also are encouraged to attend.

Preview SIUE begins with registration at 9 a.m. in the University Center and continues through mid-afternoon. Afternoon tours of the campus and Residence Hall will continue until 3 p.m.

Last year, a record number of more than 1,000 students, parents and friends attended the open house.

Visitors are officially welcomed by SIUE Chancellor Nancy Belck, and other officials will provide information

about campus life and student services.

In addition to visits with faculty, students and academic department, visitors will have opportunities to learn about financial aid, admission procedures, and university housing.

Special sessions also are scheduled about exploring pre-law, pre-medicine, and

Parents will be offered special session about student services and student life.

To pre-register, or learn more about Preview, call 692-5705.

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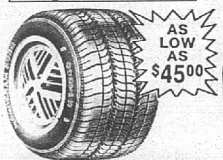
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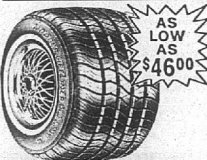
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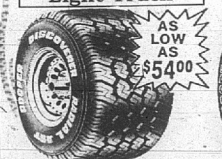
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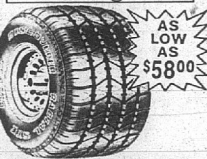
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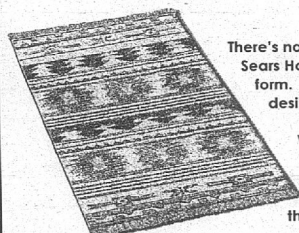
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Obituaries

Karl Knogl

Karl Knogl, 82, of Granite City died at 7:10 p.m. Thursday, Oct. 10, 1998, at St. Elizabeth Medical Center where he had been a patient for seven weeks. He was born May 1, 1914, in Austria, Hungary, and was a resident of Granite City for 44 years.

Mr. Knogl retired from Laclede Steel in Madison in 1971 after 18 years as an arc welder. He was a member of Holy Family Catholic Church and G.B.U. District 491.

He was preceded in death by his parents, Frank and Wilhelm (Pauker) Knogl; one brother, Joseph Knogl; and two sisters, Amalia Lujancic and Slavka Knogl. Survivors include his wife, Slavka "DeLac" Knogl, whom he married Jan. 14, 1940, in Badjevin; a son, Stephen Knogl of Ponton Beach; two

brothers, Rudolph and Richard Knogl, both of Germany; two grandsons and one great-granddaughter.

Wake services were Sunday at Thomas Mortuary, 2205 Ponton, Granite City. Services were Monday at Holy Family Catholic Church, 2600 Washington, Granite City, with the Rev. Bill Fisherkeller officiating. Burial was in Calvary Cemetery, Glen Carbon.

Memorials are suggested to Holy Family Catholic School, Granite City.

Ruth Cooper

Ruth Delpha (Goetter) Cooper, 82, of Granite City, died at 2:30 p.m. Friday, Oct. 11, 1998, at St. Elizabeth Medical Center in Granite City. She was born March 25, 1914, in Collinsville.

Mrs. Cooper was a homemaker and of the Baptist faith. She was preceded in death by her mother, Mae (Kingle) Cooper.

Survivors include her husband, Paul Roland Cooper; a son, Paul Cooper, Jr., of Collinsville; and two grandchildren.

Services were held Monday at Irwin Chapel, 3960 Maryville Road, with the Rev. Fred Boaz officiating. Burial was in

Sunset Hill Memorial Estates in Glen Carbon.

Helen Pitchford

Helen K. (Daniels) Pitchford, 86, of St. Charles, Mo., died Sunday, Oct. 13, at National Health Care Center. She was born Nov. 14, 1909, in Kingston, Pa.

Mrs. Pitchford owned and operated the Ridgefield Confectionery in Granite City for 35 years.

She was preceded in death by her husband, Verl B. Pitchford; and parents, Anthony and Mary (Sadowski) Daniels.

Survivors include a son, Floyd Pitchford of Kingman, Ariz.; a daughter, Rose Ellen Edmonds of St. Charles, Mo.; 6 grandchildren and 4 great-grandchildren.

Services were held Tuesday, Oct. 15, at the Baue Chapel, 620 Jefferson, St. Charles, Mo. Burial was in Lakeview Memorial Gardens, Fairview Heights.

Memorials are requested to American Heart Association and may be sent to Baue Funeral Home.

Frank Orris, Sr.

Frank I. Orris, Sr., 88, of

Granite City died at 8:55 p.m. Monday, Oct. 14, 1998, at St. Elizabeth Medical Center in Granite City.

Orris was born Nov. 11, 1907, in Granite City and was a lifelong resident. He retired from Granite City Casting in 1972 after 47 years as a wood pattern maker. He was a member of St. Mary's Catholic Church in Madison.

He married Catherine Sabo in 1929 in Granite City and she preceded him in death on Feb. 10, 1992. He was also preceded in death by his parents, Frank and Amelia Orris; and two brothers, James and Ernest Orris.

Survivors include one son, Frank J. Orris, Jr., of Granite City; one daughter, Kathleen A. Dohall of Granite City; 7 grandchildren and 8 great-grandchildren.

Services will be held at St. Mary's Catholic Church in Madison with the Rev. Jim Koefner officiating. Burial will be in Calvary Cemetery in Glen Carbon.

Dates and times of visitation and services are pending. Thomas Mortuary, 2205 Ponton and 23rd, is handling the arrangements.

Memorials are suggested to

St. Mary's Catholic Church.

Opal Price

Opal Virginia Price, 72, of Caseyville died Sunday Oct. 13, 1998, at her son's home in Caseyville. She had been ill for 14 years.

Mrs. Price was a homemaker and a member of First Baptist Church in Caseyville.

She was preceded in death by her husband, William F. Price, Sr.; her parents, Nacie and Josie (Wimberly) Oliver; a sister, Hazel A. Edgington; a daughter, Joyce Raymer; two sons, George J. and James R. Juergel; and a granddaughter, Dawn M. Juergel.

Survivors include three sons, Jerry Juergel of Caseyville, John Price of Creal Springs, Ill., and Gene Price of O'Fallon; five daughters, Judy Janning of Caseyville, Jeanette Price of St. Charles, Mo., June Kumm of Platt City, Mo., Marilyn Matlock of Granite City, and Marlene Landon of St. Charles, Mo.; three brothers, Nacie Oliver of Collinsville, and Kenny Oliver of Belleville; 26 grandchildren and 23 great-grandchildren.

Services were held Tuesday, Oct. 15, at Kasky Mortuary

Chapel, 9900 St. Clair, Fairview Heights, with the Rev. William Price officiating. Burial was in Mount Hope Cemetery in Belleville.

Edie Nebelsick

Edie N. (Haywood) Nebelsick, 89, of Belleville died Friday, Oct. 11, 1998, at her residence. She was born Feb. 6, 1907, in Ellington, Mo.

Mrs. Nebelsick was a former Pink Angel at Memorial Hospital in Belleville.

Survivors include two sons, Robert and Richard Nebelsick, both of Belleville; four sisters, Maude Valle of Wellsville, Mo., Erna Hicks and Joan Clark, both of O'Fallon, and Nettie Miner of Granite City; and 3 grandchildren.

Her husband, Alvin L. Nebelsick, preceded her in death in 1973. She was also preceded in death by her parents, Edmund and Alma (Copeland) Haywood; six brothers and one sister.

Services were held Monday, Oct. 14, at George Renner & Sons Funeral Home Chapel in Belleville with the Rev. John Walden officiating. Burial was in Green Mt. Protestant Cemetery in Belleville.

2 marrow transplant drives slated for leukemia victim

Two bone marrow donor drives are planned for Joan Mahler, a 47-year-old Edwardsville woman critically ill with leukemia. She has not responded to chemotherapy.

Mahler's family and friends are spearheading the drives, hoping to find a donor whose marrow will match Mahler's.

A bone marrow transplant is her only hope. So far, no bone marrow match has been found among Mahler's family or people already on the national bone marrow donor registry.

"It's so hard facing the possibility of losing a dear friend, but this is at least something we can do to try to help," Betty Feld said.

The first drive will be from 11 a.m. to 3 p.m. Tuesday at Zeigler Coal Holding Co., 50 Jerome Lane, Fairview Heights, where Mahler's husband, Jim, is employed.

Another drive will be held from 10 a.m. to 2 p.m. Nov. 2 at the Bank of Edwardsville, 330 W. Vandalia St., Edwardsville.

Both drives will be conducted by the Heart of America Bone Marrow Donor Registry based in Clayton, Mo.

People who give a small amount of blood to be tested will go on the national donor registry and may be able to help someone else in the future. Only if their marrow doesn't match Mahler's.

"That's why Mahler, a mother and grandmother, wants the drives to go on, even if her health deteriorates further."

"When I was with Joan yesterday, she told me she wanted to make sure this drive went on even if she was not here because it might help others," Feld said.

"It's so hard facing the possibility of losing a dear friend, but this is at least something we can do to try to help."

Betty Feld

Joan Mahler's friend

People who give a blood sample at the drives may be asked to have additional blood drawn for further testing if initial components match Mahler's.

Volunteer donors must be between 18 and 60 and in good general health.

If a match is found, a small amount of bone marrow would be extracted with a syringe from the donor's hip under anesthesia.

The donor's body soon replaces the marrow and only slight muscle soreness in the lower back is felt for a few days after the procedure.

There is no cost to people who give blood samples, but there are expenses involved in holding a drive.

People who cannot give a blood sample but who want to help may send donations to defray the cost of the drive to:

Heart of America Bone Marrow Fund, The Bank of Edwardsville, P.O. Box 790, Edwardsville, Ill., 62025. For more information, call Feld at 692-1489.

Behavior

(Continued from Page 1A)

children, Schweppe said one or two are likely to have come from a broken home, and more and more children have been exposed to drugs or other problems.

"You can't just take these children in all at once and think they're all the same," she said.

She said other conference topics would include normal development and how physical environment can affect behavior.

"You can have a child care setting that is over-stimulating,

and that's why the kids are bouncing off the walls," Schweppe said.

Although the program is geared toward child care and more child service providers, it is also open to parents.

The conference will also have exhibits from CHASI, the Metro-East Home Child Care Association, and the Southwestern Illinois Association for the Education of Young Children, and KETC/Cla.

The cost of the conference is \$25, including lunch, and includes three sessions. Registration is limited and the deadline is Nov. 8.

For information on the conference contact Schweppe at 452-8900.

CHASI — a United Way agency — serves more than 18,000 children in Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington counties. It provides adoption and foster care services, pregnancy and early parenting counseling, child abuse prevention programs, child care resource and referral services, and oversees a subsidized child care program.

The agency has offices in Alton, Belleville, East St. Louis and Granite City.

Granite City School Board established a citizen advisory committee to review incidents that were apparently motivated by racial unrest. The committee was formed in response to claims by parents and others that African-American students were not treated fairly by other students and staff.

There have been few such incidents reported since that time.

He said administrators are willing to assist students when problems occur, but will not tolerate students taking matters into their own hands.

About four years ago, the

"I am pleased that the majority of students had nothing to do with these incidents," Roter said. "Many have been very helpful in our investigations."

Roter urged parents to "reinforce a spirit of tolerance and proper behavior" in their children.

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Dead child's mom relates horror

EDWARDSVILLE — A 22-year-old Wood River mother told her cellmate in the Madison County Jail that she not stop her boyfriend from beating her 2-year-old son because she "loved him," and "didn't want him to go to jail."

Kathy Cecil, who pleaded guilty to the 1993 first-degree murder of the boy, Michael Cecil, was expected to testify in her own defense before she is sentenced to prison by Madison County Circuit Judge Charles Roman Jr.

"I was upset she was living with such a person," Stanley Cecil said. "In my book he was a baby killer."

Cecil said he noticed bruises on his son's body, but did not pursue the matter.

"I didn't want to start nothing over something that was no big deal," he said, adding that he often feels responsible for his son's death. "Every time I think about (the murder) I just feel sick."

Kathy's Cecil's attorney, Stephanie Robbins, called a psychologist to the witness stand.

Madison County Assistant State's Attorney Teresa Brown called Cecil's former cellmate to the witness stand during the first day of testimony Thursday to question her about notes she and Cecil passed back and forth in jail.

"She wrote notes so no one could hear us," said Yvonne Minner, who described Cecil to her former girlfriend in jail. "She asked me if she could trust me."

Minner, who is now serving prison time for robbery and money invasion, read excerpts from the notes, in which Cecil reportedly stated she could hear her son cry when Bennett beat him but chose to do nothing.

"I wanted to believe he would stop and never do it again," Cecil wrote in the note. "Because I loved (Bennett) I wanted him to change for us. I watched sexual abuse between (Bennett) and Michael. I believed Michael was coming between us."

Cecil, who described Cecil to her former girlfriend in jail, reportedly stated she could hear her son cry when Bennett beat him but chose to do nothing.

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the father of Michael, testified Thursday that he was never allowed to visit with his son after he moved in with Bennett. He claimed Bennett murdered another woman's baby in Greene County and said his wife was aware Bennett was a suspect.

"I was upset she was living with such a person," Stanley Cecil said. "In my book he was a baby killer."

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who claimed Cecil suffered from battered woman's syndrome.

Dr. Michael Althoff of Carbondale said in his review of Cecil he determined that Cecil was under the control of Bennett.

Cecil's mother, Mary Jones, also testified that her daughter was under the control of Bennett. She said she tried to help her grandson by calling the Department of Children and Family Services, but was threatened into dropping her complaints by her daughter.

Cecil faces between 20 and 50 years for her role in the fatal beating. She could have faced natural life or the death penalty if the case went to trial.

— From The Telegraph

Team

(Continued from Page 1A)

basis at participating fire departments.

Of the 36 county fire departments, only a few on the eastern side of the county have committed to the team so far, he said.

"In the old days, we used to rely on big industries like Shell and Olin to provide equipment," he said. "But recently they've taken a more cautious approach."

The Shell Wood River Refining Co. and the Olin Corp. are supplying advisers to the team and are still active participants, he said.

Although many local firefighters have a basic level of hazardous materials training, only two or three in the county have reached the level of technician, which allows them to find a leak and stop it.

The county's Local Emergency Planning Committee will oversee the team and is sending 28 firefighters to the University of Illinois in December for technician training. The Illinois Emergency Management Agency is funding the training.

However, cooperation among departments is the key, Sowders said. "No single fire department could afford this, but we can do it together."

Expenses incurred in fighting chemical spills and other hazardous materials incidents are ultimately reimbursed by the responsible party, he said.

Fire departments will soon begin soliciting donations from local businesses and industries to outfit the team. For more information, call your local fire department.

Flowers

(Continued from Page 1A)

Moses in the cradle, purple heart, Summer poinsettia and black sweetpotato vine.

Because of the unusual weather last spring and very dry periods this summer, rose cuttings will not be given out, Mancal said.

He said that no perennials will be given Saturday, but they will be distributed in the spring.

Those wishing to take plants should bring their own containers. No one except park district personnel will be allowed to dig the flowers. No plants will be given away before the designated time.

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Colonial

35-year sentence in fatal beating

Mother's tale of fear, tears fail to bring leniency from judge

Last-minute tears had little effect on a Madison County judge who sentenced Kathy Cecil to 35 years in prison for her role in the 1993 fatal beating of her 2-year-old son.

Before he handed down the sentence, Circuit Judge Charles Romani Jr. chastised Cecil for allowing her son to lie in pain for two days after her boyfriend, Keith Bennett, delivered the fatal blows to the child's stomach. The boy, Michael Cecil, died from abdominal injuries that medical experts claim were treatable.

"He cried out for your help and you and Keith Bennett did nothing to help him," Romani told Cecil as she sat with her head down. "He was crying, he was throwing up and he was seeking your help. If someone would have taken him to the hospital he would have survived."

Romani told Cecil she was the child's primary caretaker, his guardian and protector.

"Up until yesterday he was a faceless victim," Romani said. "But I looked at one of his pictures and I saw the face of a happy child. He did not deserve what happened to him."

Cecil, 22, testified on her own behalf at her sentencing hearing Friday that she was afraid of Bennett and feared he would harm her family if she disobeyed his orders.

Bennett, 22, is serving a life prison sentence for the boy's first-degree murder. Cecil also pleaded guilty to first-degree murder in exchange for a maximum 50-year prison sentence.

Cecil testified that Bennett became more abusive of her as

their relationship progressed. She claims he moved her around so her family could not find her and began sexually abusing her after she gave birth to their daughter in December, who was about 6 weeks old when Michael was killed in the couple's Wood River apartment.

"He became extremely possessive, violent, physically, verbally and sexually abusive," Cecil said in a nearly inaudible voice. "He accused me of things that were his imagination. I couldn't go out side or into another room without him. It got to the point I couldn't talk to my son or even touch my son. He wouldn't allow me."

When questioned by her attorney, Stephanie Robbins, Cecil said she thought the only way she could help her children was to obey Bennett. She said she was afraid to leave Bennett because he threatened to kill her and her son and burn her parents' home.

"I was depressed," she said. "I was constantly stressed. I tried to imagine myself somewhere else. I was trying to figure out a way to leave."

Cecil said she did not immediately call police after her son died because she was numb. She admitted she and Bennett smoked marijuana after the boy's death.

"I was paralyzed," she said. "I haven't even stand up. (Bennett) wouldn't let me out of the apartment. After the shock started wearing off I realized what happened."

Cecil said Bennett demanded they bury the boy's body and tell police he was kidnapped. She said she refused to go along with the story.

"When Michael was born, I loved him more than I ever loved anyone," a sobbing Cecil said. "I have such a hollow place in my heart. He was the most important thing."

In a relentless cross examination of Cecil, Madison County Assistant State's Attorney Teresa Brown repeatedly questioned Cecil about why she did not take her child for help.

"At one point you were left alone in the car for eight minutes yet you did absolutely nothing to help Michael," Brown said.

"I was afraid," Cecil responded.

Brown also questioned Cecil's claims of being terrified of Bennett.

"If you were so scared of Keith, why didn't you go along with his story about the kidnapping?" Brown said.

"I don't know," Cecil responded.

Robbins argued for a 20-year sentence, claiming Cecil was impaired and suffered from battered woman's syndrome.

— From The Telegraph

EPA, groups work to recycle old tires

By Martin Richter
Staff writer

The Illinois Environmental Protection Agency and a network of community groups are hoping there will be far fewer discarded tires littering Metro East neighborhoods after this week.

The U.S. and Illinois EPAs are teaming up to offer three free collection days for the public to recycle old tires at several sites in St. Clair County.

Doug Hayward, environmental protection specialist with the IEPA, said the agencies hope to collect at least 20,000 tires during the tire amnesty days, from 9 a.m. to 4 p.m. Tuesday, Wednesday and Thursday. The tires will be shredded and used to make alternative fuel.

The main collection site is at 20th Street and Tidge Avenue in East St. Louis. Other collection sites on Oct. 15 are: 55th Street and Industrial in Washington Park; 49th Street and George in Centerville and 500 N. 20th St. in East St. Louis.

On Oct. 16, pickup will be offered at Cahokia Park on Illinois 157 just west of Interstate 255 in Cahokia, and at 1314 Klein Ave. in Venice.

Hayward said he expects to collect a lot of tires because so many groups are cooperating on the project.

"We're getting a lot of municipal cooperation where the municipalities are going to go out and clean up abandoned lots and so forth," he said.

Local governments assisting in the tire amnesty days include the cities of Alorton, Centerville, East St. Louis, Madison and Venice and the villages of Brooklyn, Cahokia, Fairmont City, Sauget and Washington Park.

Also participating are community groups like the East St. Louis Community Action Network, Neighbors United for Progress and New Spirit.

Director Alandra Byrd of New Spirit said her group is working with East St. Louis' 20 neighborhood organizations to help coordinate the clean up effort. About a dozen neighborhood groups are having, or recently had, cleanup days, and they will provide the city of East St. Louis a list of places where the tires have accumulated so that city crews can pick them up this week.

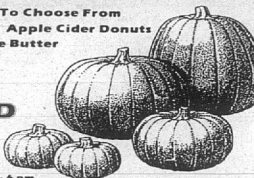
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Payment must be included and entries must be received by Wednesday, Oct. 23. Message will be published in our special Old Newsboys Day edition that will be sold on the street November 7, 1996. (Proceeds benefit area charities.)

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LOCAL NEWS

Project helps pay delinquent water bills

By Kimberly Haas
Staff writer

Qualified customers of Illinois-American Water Co. could receive assistance through Project H2O.

Project H2O (Help To Others) is a customer assistance program created by Illinois-American Water Co. and the Salvation Army for individuals having trouble paying their water bill.

Those qualified for the program include customers facing a catastrophic illness, a sudden loss of income, or a family crisis. Salvation Army caseworkers will qualify applicants on an individual case basis.

Applicants must have a delinquent account and demonstrate a financial need. A copy of the customer's water bill is also needed. According to Terry Mackin, Illinois-American's director of Communications-Governmental Affairs, the program seems to be working well.

"We think there is a need out there. People hit hard times all of the sudden... We take water for granted until it is not there anymore," he said.

Funding for Project H2O comes from donations by Illinois-American Water Company and its customers. Illinois-American stockholders originally pledged \$10,000 for the program, which began taking customer donations in

September.

Those qualified for assistance can apply now at the Salvation Army offices in Belleville, East St. Louis, Granite City, Alton, Marion, Pekin and Peoria.

Deer hunting class to be offered

Illinois Department of Natural Resources, The Land of Goshen Chapter of the Whittellais, and the Edwardsville Sportsmen Club will be hosting the first Advance Deer Hunting Class.

This is a new program that the DNR has put together for the hunter. The class will be held at the Edwardsville Sportsmen Club on Saturday, Oct. 19, from 8:30 a.m. to 4:30 p.m. Please contact Joe Wisnasky at 656-3119 to enroll or for questions on the course.

Jeanne M. Trimmer, MD

specializing in pediatrics is pleased to announce her association with the physicians of Heartland Healthcare.



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Dr. Trimmer attended medical school at Northwestern University and performed her residency at Washington University/Children's Hospital in St. Louis. Dr. Trimmer, a long time resident of Mitchell, Illinois, practiced for the past five years in the St. Louis area.

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Decorating advice to Improve your HOMELIFE

by Karen Hien
Sears Homelife
Furniture Consultant
Fairview Heights



Q. We just moved into a home built in the 60's. What can we do to brighten the rooms and make the house look up-to-date?
Carolyn Van Rhein, St. Louis, MO.

A. Add architectural interest to ordinary-looking rooms by using a major piece of furniture that makes a strong design statement. For example, in the dining room this could be an armoire, in the study a wall-to-wall bookcase, and in the family room, an entertainment center, all in light-toned woods such as washed oak or scrubbed pine.

Add a sense of brightness by using simple window decor such as Roman shades or slim louver blinds, with a simple valance, or even no valance at all.

By no means avoid heavy draperies and layering.

Light wood floors, combined with light-toned area rugs in bold designs will enhance the feeling of lightness, and give your 60's home a 90's ambience.

We want to hear from you! Send us your decorating questions, and if we use yours in this column, you'll receive a free silk floral arrangement valued up to \$200.

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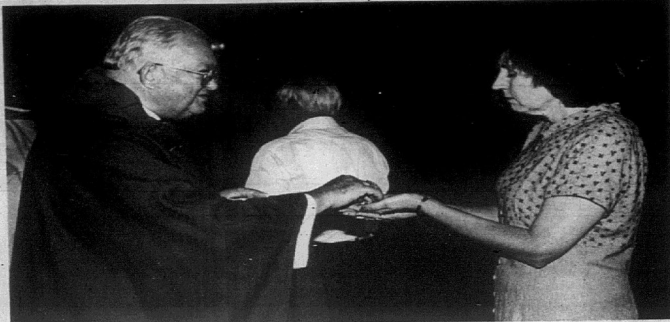
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Blood drive set

A blood drive will be held from 11 a.m. to 4 p.m. Thursday in Pascal Hall, St. Elizabeth Medical Center. All blood types are needed, but type O is particularly needed. Type O is the most common blood type and is used in 52 percent of all surgeries. Since only 46 percent of the population have type O blood, type O donors are asked to give blood more frequently. If you don't know your blood type, you can find out by donating blood.



(Photos by ED SEED)

Bishop Daniel Ryan gives communion to Mary Ann Gensert.



From left, the Rev. Robert Jallas, server Ashley Kalojerou, Bishop Daniel Ryan, server Christina Groboski and Helen DeRuntz at the presentation of gifts.

•Parish

(Continued from Page 7A)

music room, two computer labs, a library/religious center and teachers' lounge. All-day kindergarten was initiated last year. The second phase of the building project was an auditorium, holding a kitchen and lunch room for the children on the lower level and a church on the upper level. The first Mass in the new St. Elizabeth Church was celebrated on Nov. 18, 1992. The convent building, which housed the Sisters of Divine Providence while they taught at the school, was converted into a day care facility in 1983 and is currently a pre-school and day care center. The parish grew from 20 families in 1971 to 400 families in 1995, 711 families in 1991 and has 921 registered families today. A statement in the history of St. Elizabeth Parish from the late Rev. Lawrence J. Mattingly reads: "We do not know what our future holds ... but we do know who holds our future."

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Wednesday

Sports

October 16, 1996—Granite City Journal—Page 1B

inside

Cardinals

Team of the Week

GO CARDINALS

1996 National League Central Division Champions



Ron Colyer

Cards await next step

Hello, again. We were right, weren't we? Busch Stadium was definitely rocking and rolling last week-end. It's great to see the excitement return to the area.

The Cardinals' turnaround this season is just around the corner. If you remember a year ago, the team was an also-ran, the fans weren't coming out, the manager (who is going to the World Series from the junior league, by the way) was fired, ownership wasn't trying to win and the stadium it played in was so-so on a major league scale.

And here we are one year later. New owners who are also fans and want to win, a new guru at the managerial wheel, the best players and coaches that Oakland had to sell, fans in the stands, a revamped ballpark, a home-town kid who brings an entire county to a standstill when he enters a game, and baseball like it oughta be. Doesn't get much better in the world of sports.

Almost enough to make one a Cardinals fan. (The key word is almost.)

This space is being written early Monday morning after the Cardinals took a decisive 2-1 series lead over Atlanta on Sunday night. And while the Cardinals have won the trip to the World Series at this writing, it looks like they will, and when they do, they'll play the hated Yankees. Last time that happened was in 1964.

I remember the series well because I was at Game 6 and it was my first time experiencing first-hand the excitement of the Fall Classic. And while I have been to several World Series games since, that first one stands out in my mind.

The Cardinals had a 3-2 series lead over the Bronx Bombers when my buddy Speedy and I settled into our first-row seats in the upper deck right by the right field foul pole at the old Busch Stadium on Grand and Dodder. We were expecting to see a Cardinals celebration. As it turned out, we had to wait a day.

Some things I remember about that day 32 years ago. First of all, the date was Oct. 14. Jim Bouton pitched for the Yankees and lefthander Simmons was on the mound for the Cardinals. Bouton needed a chin strap for his cap... it fell off about every other pitch.

I remember the game was tied 1-1 until the top of the sixth, when Roger Maris and Mickey Mantle hit back-to-back home runs. Maris' clout curved around that right field foul pole where we were sitting and I remember that I couldn't quite reach it as it went past. Looking back, I'm surprised I didn't fall out of the upper deck reaching for it. Joe Pepitone then put the game out of reach with a grand slam homer in the eighth inning.

I think I can even remember the lineups from that game. Starting with the catcher, the Cardinals started Tim Lincecum, and Simmons, Bill White, Dal Maxvill, Dick Groat, Ken Boyer, Lou Brock, Rod Kenney and Mike Shannon. The Yankees started Elston Howard, Bouton, Pepitone, Bobby Richardson, Phil Linz, Clete Boyer, Tom Tresh, Mantle and Maris.

By the time we watched Bob Gibson and the Cardinals win the Series on the following day, Speedy and I felt like World Series veterans.

Guess there are some things we never forget in life. First class, first child, where we were when Kennedy was shot. I'll also never forget the excitement my friend and I, both of us country boys who drove to the big city on our own for the first time, felt at that first World Series game. Hope young fans today feel the same thing.

Overtime goal sneaks CBC past SLUH

CBC 2, SLUH 1 (OT)

CBC	0	1	1	2
SLUH	0	1	0	1

No Scoring First Half

Second Half (assisted by)

SLUH — Jamie Miller (assisted by Dave Beck, 40:45)

CBC — James Hunt (assisted by Jason Nuebel, 47:15)

Overtime

CBC — Nick Pantazi (assisted by Kevin Hudson, 55:41)

By Rob Raphael
Staff writer

In a final fitting of an outstanding tournament, CBC got an overtime goal from Nick Pantazi to get by short-handed St. Louis University High 2-1 Saturday night in the championship match of the 16th Granite City Tournament of Champions.

For the Cadets (12-2-2), it was their third tournament championship overall and second straight title. SLUH (14-3-3), who was going for its third title as well, was without the services of Taylor Twellman for the entire game; and Mike Amann for most of the contest.

However, the win was still sweet for CBC and coach Terry Michler, who said this title was much different than the previous two.

"This is very different, because we're so young, with eight sophomores and two freshmen," he said. "The other two teams who won here were veteran, experienced teams. I think this is typical of the season this year, with so many teams that are quite equal. Depending on how games go, the teams that are healthy often have the advantage."

"Few of these guys had played here before. I had to give them directions to get over here."

Twellman suffered a bruised

"This is very different, because we're so young, with eight sophomores and two freshmen. The other two teams who won here were veteran, experienced teams."

— Terry Michler
CBC Coach

sternum in the semifinal match against Vianney, which the Junior Bills won 5-0. In the other semifinal, SLUH got past DeSmet 2-1.

Amann hurt his ankle early in the final, and did not return. SLUH coach Charlie Martel said neither player was seriously injured.

(See WINNERS, Page 3B)



(Photo by T.W. MILLER)

Granite City's Jonas Janek and St. Louis University High's John Sprengnether race for the ball during the Granite City Tournament of Champions.

Warriors revved as revamped regional removes powerhouses

By Brian L. Jones
Correspondent

The Granite City Warriors have taken notice of a significant change in sectional prep tennis assignments this year.

The Warriors toiled in relative obscurity last year at the Belleville West Regional, as did all other entry teams besides the champion Lady Maroons and runner-up Althoff Crusaders. West and Althoff monopolized all of the eight state-qualifying berths, which are the top four finishers in both singles and doubles competition.

The Illinois High School Association has shipped Althoff to the elite Belleville East Regional this year, where the Crusaders will battle hard with East, O'Fallon and Edwardsville for limited openings. That leaves Belleville West as the only major powerhouse at its own regional, where perhaps the Lady Warriors have a clearer shot at passing through. Senior-laden Jerseyville is the only other top entry of major consequence.

"I think it means (GCHS senior) Geeta Kumar might get the third or fourth seed in singles," said Warriors coach Linda Ames. "Geeta would have been playing doubles if Althoff had been in our sectional again. So yes, that changes our outlook a great deal."

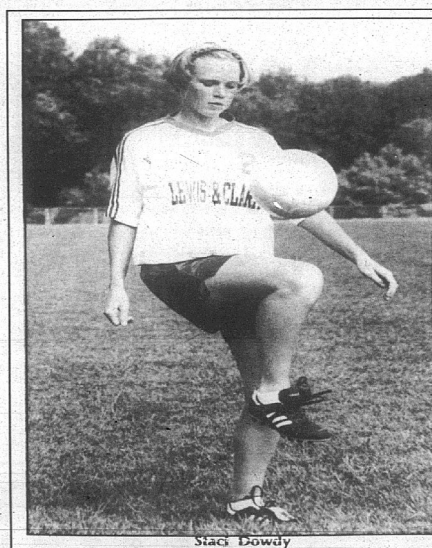
The Warriors have not sent a girls tennis player to state since the late 1980s, but Ames is hoping for a breakthrough. Though the sectional seed meeting is scheduled for tonight, Ames had her lineup virtually in place nearly a week ahead.

"I know (senior) Michelle Montgomery and (junior) Adina Lewis are going to be one of my two doubles teams," Ames said. "The other one will be (seniors) Julie Hildebrand and Kristyn Niggi. The second singles spot is still open. We were to have determined that Monday or Tuesday in challenge play. About three girls (were) in the running for it."

It's a foregone conclusion that mighty West will qualify both its singles players and two doubles tandems to state. Jerseyville could be the stumbling block for GCHS in its longest quest for the semifinals in doubles. The Panthers have won the title of the Bethalto Tournament, where GCHS placed only third.

"Jerseyville is not all that far behind the top teams in the area," Ames said. "Both of their doubles teams will probably get the third and fourth seeds, because they're very very strong. We'll also (rank) the five and six seeds, but if you get into the

(See WARRIORS, Page 2B)



Stack Dowdy

Dandy Dowdy

Local player aims at scoring title

By Rob Raphael
Staff writer

She's at it again. Staci Dowdy, the Granite City product who was among the national leaders in scoring last year at the junior college level, is on her way to another fine year — and this time maybe the scoring title.

At last check, the Lewis & Clark Trailblazers were 8-2, and ranked eighth nationally in the latest NJCAA Women's Soccer Coaches Poll.

And Dowdy was once again first in the nation in scoring with 20 goals and 15 assists for 35 points — nearly 20 points ahead of her nearest rival, Elin Brask of Brevard College, N.J.

Clearly, Dowdy is the gear that drives the Trailblazers' wheel, and the sophomore St. Louis-southwestern Illinois market to wreak havoc on opposing defenses.

Out of the first 10 games Lewis & Clark played, Dowdy had scored at least one goal in six of them, and

(See STAR, Page 3B)

Memorial Day weekend marks first race at Gateway

The eyes of the motorsports world will be on the brand new Gateway International Raceway oval on Saturday, May 24, 1997, when IndyCar christens the 1.25-mile oval with a PPG Cup race.

The Memorial Day weekend event will match some of the world's best open-wheel drivers, including defending PPG Cup champion Jimmy Vasser, Al Unser Jr. and Michael Andretti in a race that will be televised by ABC. Action will begin on Thursday, May 22, with a day of practice, following by qualifying on Friday, May 23, and race day on May 24.

Announcements on a title sponsor, race distance and support events will be made shortly.

It is expected that the PPG-Firestone Indy Lights Championship will be one of the races leading up to the IndyCar main event. Ticket prices, availability and sale date will also be announced in the near future.

The oval is the final stage of Gateway's \$21.5-million renovation and expansion project at the 150-acre facility.

The track is now scheduled to be completed on May 1, which is six months ahead of the original completion date.

Grand Prix Association of Long Beach is the parent company of Gateway International and has been associated with IndyCar since June of 1984, when the Toyota Grand Prix of Long Beach switched from Formula One to PPG Cup competition. In 1996, Long Beach was the best-attended race on the circuit with more than 211,000 fans over a three-day period. It was one of several IndyCar venues that showed strong increases over 1995, when the PPG Cup series drew more than 2,200,000 fans its 16 sanctioned races.

"One of the best decisions we ever made as an organization was aligning ourselves with the PPG Cup in 1984," President Christopher Pook. "They have provided our event in Long Beach with great racing, great personalities and a great atmosphere for the fans."

"We know that the same things are coming to our fans in the St. Louis area, and we are thrilled to be bringing such a spectacle to this venue so quickly."

IndyCar president and CEO Andrew Craig said, "Gateway International Raceway brings IndyCar into a very important corporate center and opens our series to fans who to date may not have had the opportunity to attend one of our events. We are looking forward to providing a first-class show in the St. Louis-southwestern Illinois market, and we have absolute confidence that Chris Pook will make this event first

(See RACE, Page 2B)

SPORTS

Sports shorts

Club Championship
The Legacy Golf Club will hold its four-person scramble Club Championship on Oct. 19. Tee times begin at 11 a.m. for the event, with an entry fee of \$180 per team.
The fee includes 18 holes of golf with cart, banquet and prize money. A skins game is optional, for an additional \$20 per team. The registration deadline is Oct. 16. For more information, call the Legacy at 831-4653.

Officials needed
The Granite City Park District is currently looking for basketball officials for adult leagues, to be played on Tuesday, Wednesday and Thursday evenings at 7, 8 and 9 p.m. The leagues run from Nov. 19 to March 1997 and are played at local middle and elementary schools.
Anyone interested should call Ray Hoffman at the Wilson Park office, 877-3059.

Parent-Child tourney
The Legacy Golf Club in Granite City is sponsoring its annual Parent-Child Tournament, to be held Sunday, Oct. 20. Tee times begin at 11 a.m. for the event, which features two divisions. Parents who wish to play with their child aged 16 or older will play in the A Division, while parents and children younger than 16 will play in the B Division.
The entry fee is \$70 per team and includes 18 holes of golf with cart, banquet and prizes. The deadline for registration is Oct. 16. For more information, call the Legacy at 831-4653.

Adult basketball league
The Granite City Park District is starting a 35-and-older

basketball league. Games will be played on Wednesday evenings at Prather Elementary School or Grigsby Middle School. The league is open to players 35 years old during the current calendar year.
Registration is now being taken, and the fee is \$230 per team. Anyone interested in the program should contact the Wilson Park office at 877-3059.

Men's leagues forming
The Granite City Park District men's basketball leagues are being formed. The leagues will play at Prather and Grigsby schools on Tuesday, Wednesday and Thursday evenings this fall and winter. The entry fee for all leagues is \$230 per team, and the starting date for the program is Nov. 19.
The deadline for registration is Oct. 25. For more information, call Ray Hoffman at the park office, 877-3059.

Indoor soccer tourney
Applications are being taken for the 10th annual Metro East Indoor Tournament of Champions, Nov. 24-27 and Nov. 29-Dec. 1 at the Ball Park Sports Center in O'Fallon.

The indoor soccer tournament is open to all boys and girls outdoor and indoor recreational teams with players who were born between Aug. 1, 1982 and July 31, 1990 — basically first-through eighth-graders.

The fee is \$130, with three games guaranteed. Individual and team awards will be given, depending on the number of entries in each division.

The Ball Park Sports Center, the Althoff High School boys soccer program and Downtown Imprints '81 SC, a select team from the Collinsville-Troy area, will serve as hosts for the tour-

naments.
For more information or to receive an application, call Bob Emig at 344-0984 or 632-1002.

OATH Golf tourney
OATH, the Organization for Advancement of the Handicapped, will present its Seventh Annual Charity Golf Tournament on Oct. 18 at Arlington Golf Course. A \$35 donation per person includes the entry fee, cart, dinner and beverages.
Attendance prizes include a grand prize for the winning team, plus an optional skins game. Hole sponsorships are available for \$50, and greens fees will be paid at the course. Four-person scramble teams are welcome, and the tourney will set up individuals in teams as well.

For information or to register, stop by the OATH office on 7th Street in Madison, or call the office at 876-3178.

"RJ" Krause All-Stars
The "RJ" Krause All-Stars Sports Club of East St. Louis is seeking basketball games and tournaments for boys and girls teams in grades 3-10. The club also needs sports equipment, uniforms, cheerleading outfits, used basketball shoes, sports magazines, books, games or trading cards. For more information, call Krause at 388-1291.

Boys basketball tournament
The annual KMOX Metro Collegian Boys Basketball Tournament will be held Dec. 20-22 and Dec. 27-29. There are divisions for fifth, sixth, seventh and eighth-grade teams, with a three-game minimum. For more information, call Joe at (314) 849-0498 or Bryan at (314) 291-3521.

at No. 1, Niggli and Hildebrand at No. 2 and seniors Amanda Crabtree and Kara Ballew at No. 3. The three non-placing singles entries were Junior Melissa Nelson at No. 2, senior Kim Conaway at No. 3 and senior Cindy Gorka at No. 4.

"That wasn't my usual line-up," Ames said. "Michelle Montgomery and Adina Lewis are my regular No. 2 and 3 singles players and Melissa Nelson is my regular at No. 4 singles. That was the first time all year Michelle and Adina played doubles together. We use conference as a mechanism to get ready for sectionals."

(29) upset fifth-place Granite City by one point.

"We were expecting to get fourth place because we beat Alton in our dual match this year," said Ames, whose Warriors (7-8) concluded their regular season Tuesday against Wood River. "I really thought we'd be 9-4 at this point, but we lost (recent dual) matches to Francis Howell and Waterloo that we should have won. I still think the girls played well for the most part at the conference tournament."

Kumar placed fourth at No. 1 singles and the Warriors place fourth in all three SWC doubles flights. Those tandems were Montgomery and Lewis

Cardinals Team of the Week

Sponsored by Alliance BlueCross BlueShield



Wyatt's Wildcats finished the season 13-1 and won the Granite City Park District Bantam Division championship. The team is sponsored by William Schooley Law Offices. Team members include Crystal Wyatt, Amy Harper, Lindsay Davis, Shannon Easley, Mia Fagtonpun, Melanie Mooshegan, Molly Britton, Elaine Lidikay, Sarah Worthen, Emily Randall, Jayme Hillmer, Alyson Streid, Katie Hoffman, Crystal Bazzell, Heather Davis, Brittney Bulva, Jessica Cavins and Michelle Clutts. The team is coached by Laura Wyatt, Becky Schooley and Dennis Davis.

Club holding basketball sign-ups

The Mitchell Athletic Club is now holding sign-ups for its 1996-97 winter youth basketball program.

Sign-ups are being held from 6-8 p.m. every Wednesday and Thursday in October through Nov. 7 at the Mitchell School Gymnasium on East Chain of Rocks Road in Mitchell.

Sign-ups are open to girls in grades 3-6 and boys in grades 3-8. There are limited open slots for sign-ups, so interested players are encouraged to act quickly to ensure a spot on a team.

The registration fee is \$25.

There may also be open positions for coaches as well, and those interested are asked to leave their name and phone number at registration.

Any player who played last year must still sign up. There will be a draft to place all players who are not on a team when sign-ups

end.
The leagues will be formed as follows: Third- and fourth-graders; fifth- and sixth-graders; and seventh- and eighth-graders. Girls and boys play in their own separate leagues with their own designated night of games.

Practices will begin for all third-through sixth-graders in late November. Practices for seventh- and eighth-grade boys will begin in January, with all leagues ending in April.

The Mitchell Athletic Club is also taking sign-ups for referees, so any past referees or others with basketball experience interested in becoming an official are asked to sign up now as well.

For more information, call Dave Slay at 931-3690 or Kevin Cripps at 931-6418.

Race

(Continued from Page 1B)

class."

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<p>Paul Masson 2.99 each Burgundy, Finesse, or White Grenache 1 L.</p>			

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Winners

(Continued from Page 1B)

we decided to hold him off. We had two all-tournament players out of the game. That's the way we've been all year. We know now that we can play without Taylor, or if we're short-handed, I think we proved something to ourselves."

"Still, the Junior Bills pulled together and gave the Cadets a fine match. Jamie Miller gave SLUH the lead in the second half, scoring on a nifty setup from Dave Beck."

"But taking advantage of the game's rhythm, the Cadets answered less than a minute later, as James Hunt fired a long right-footed shot into the lower left corner to knot the game at 1. SLUH's goal came

on their first shot of the second half, while CBC scored on their second shot of the period.

"I told the guys, even if it's not a real skillful game, you still have to keep yourself in position to have a chance. This whole week is a test of perseverance," said Michler.

Certainly, the Junior Bills had nothing to be ashamed about, as they played well in what is considered one of the finest tournaments in the country.

"We had a very calm discussion after the game," said Martel. "The guys know how well they played this week. We're right where we want to be. We're very comfortable."

The first half was tight, with neither team able to mount a consistent attack. Beck and Tim Gibbons each had chances

for the Junior Bills in the first half, as did Jason Struttman. But Mike Gallagher, who made seven saves on the night, was up to the task.

Ryan Ferguson and James Hunt each had point-blank chances for the Cadets, but Matt Dittmeier (eight saves) came up big for the Junior Bills.

Each team had their share of chances late as well, but neither could convert until the overtime period. In the Granite City Tournament, a unique overtime format is used.

The teams begin the overtime session 11 men a side, but each three minutes one player from each team must leave the field. The teams take one player off every three minutes to a minimum of three per side, and play that way until a

goal is scored.

But it didn't take nearly that long.

With the teams playing with 10 men each — and just 19 seconds left before another pair of players would have come off — freshman Kevin Hudson controlled the ball just inside the penalty area and deflected the ball horizontally to Pantazi, who made no mistake with his left foot.

In the three years since this overtime format was adopted, this was the first time the system had been used in the finals.

Obviously, Michler was happy with the system, and even Martel said he likes it. Both agreed anything is better than penalty kicks deciding a tournament final game.

City Shootout.

Last year, McCluer North won the shootout, and it basically turned their season around.

This year, Hazelwood Central won the event, defeating O'Fallon in the finals. Central is having a good year and hardly needs to turn anything around, but it did not have a great tournament, so the win is the most positive thing to come out of the tournament for that school.

Star

(Continued from Page 1B)

she had five multiple-goal games at that point. According to Dowdy's coach, Tim Rooney, what makes her so difficult to defend is her ability to know where the goal is, even if she has her back to it.

"Staci has a very hard and accurate shot, and she's just as deadly inside, as well as outside the box," Rooney said.

Her success isn't something that just happened overnight. Dowdy has been driven to do well.

"Dowdy is always one to work on her skills after practice — she practices hard, and that translates into solidly played games."

— Tim Rooney

played under."

That would include Granite City coach Gene Baker, who instructed Dowdy from 1992-95 at GCHS.

As a freshman last year, Dowdy established herself by scoring 14 goals and adding 12 assists in 19 games for the Trailblazers, who finished sixth in the NJCAA rankings.

Dowdy has continually progressed over the past two years in college, and in fact, she's made steady improvements since her soccer career began as a child.

That could be why the junior college level will probably not be the end of Dowdy's soccer career.

No doubt, she has the desire to play at a four-year institution.

"I definitely want to test my abilities at the next level," Dowdy said. "I think the better competition (I face), the better I'll play."

It's not a stretch to imagine Dowdy playing at a Division II, NAIA or Division I program.

Tourney

(Continued from Page 1A)

periods, until the teams are at three players each. At that point, they simply play until one team scores, which — one would think — wouldn't take long at that point.

"Let me put it this way: I'd be surprised if it ever got much below six or seven," said SLUH coach Charlie Martel, who said SLUH was defeated 2-1 by CBC in the first-ever GC tourney championship match

to use the new format. "I would think by the time you got down to seven or eight, it wouldn't take long with these kind of players."

"It brings coaching to the forefront as well," Baker said Saturday night. "You have to decide who you're going to bring out and when. And if it gets down to three or four, do you leave a keeper in there? It's more reactionary. You have to make those decisions as you go along."

The overtime format was in its third year of existence and was being used for just the second time.

Last year, the format made its official debut when Howell North got by St. Mary's 1-0 in the tourney semifinals.

Also, there's another reason why this tournament is better than most — the lack of a third-place game.

Usually boring, and always meaningless, the third-place game was replaced beginning last year by a penalty-kick shootout, now called the Steel

City Shootout.

Last year, McCluer North won the shootout, and it basically turned their season around.

This year, Hazelwood Central won the event, defeating O'Fallon in the finals. Central is having a good year and hardly needs to turn anything around, but it did not have a great tournament, so the win is the most positive thing to come out of the tournament for that school.

It's not a stretch to imagine Dowdy playing at a Division II, NAIA or Division I program.

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P205/75SR15	RWL	73
P205/70SR15	W/W	83
P215/75SR15	RWL	90
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COMMUNITY NEWS

Community Calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 676-2000.

This calendar runs in every Wednesday's Journal.

Wednesday, Oct. 16.

Granite City Business and Professional Women, meeting at Jerry's Cafeteria. Dinner at 6:30 p.m., followed by a program at 7:15. Open to the public. For more information call 452-5991 or 451-6914.

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 19th St., in Granite City. Call 876-7816 for more information.

Pontoon Beach Senior Citizens bingo, noon, 3910 Illinois 111, Pontoon Beach.

Fulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in Doctors Solum, Elizabeth Medical Center, 798-3019.

Al-Anon, 7:15 p.m. Gateway

Foundation, 600 W. Lincoln Ave., Caseyville. Call 463-2429 for more information.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Divorced and Separated Group Ministry, 7-8:30 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 656-9268.

Parents Anonymous Group, meets 6 to 8 p.m. For information on when meeting will be held, call Elaine Landolt, 452-2714.

Madison Community Action Group, meets at 7 p.m. For more information call Dan at 452-2536 or Diane at 876-1360.

Thursday, Oct. 17

Alzheimer's Support Group meets from 6:30 to 8 p.m. in the President's Room, inside Bonaventure's Cafeteria, on the ground floor of St. Elizabeth Medical Center, 2100 Madison Ave. The group focuses on addressing the questions and concerns of caregivers and family members of people with Alzheimer's. All meetings are open to community members. Call 798-3018 for more information.

Lions Club of Pontoon Beach meets at 6:30 p.m. at the

Lions Den, 3901 Lake Drive in Pontoon Beach. Anyone interested in helping the visual or hearing impaired are welcome. Call Bob at 797-0747 for more information.

Bemis Chiropractor, 3361 Rehling Road in Granite City, is offering free electronic spinal screenings from 9 a.m. to noon. Call 876-2273 for more information.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

Eagle Park Acres Seniors of Madison meet from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

Take Off Pounds Sensibly Chapter 2363, 6:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-2784.

Al-Anon, 8 p.m., Wellness Center, 2105 Iowa, 453-2422.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Granite City Community Band rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

Friday, Oct. 18

Al-Anon meets at 8 p.m. in the Milonski Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Friday Afternoon Pinochle Club for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

Saturday, Oct. 19

Ladies Aid Group of Concordia Lutheran Church Annual Fall Bazaar, Church Parish Hall, 2305 Grand, 9 a.m. to noon. Crafts, "White Elephant" sale, and bake sale.

Obsessive/Compulsive Disorder Support Group, meets at Von Gonard Conference Center at St. John's Mercy Medical Center, 615 South New Balas Road, 10 a.m. Meeting is free and open to OCD patients, family and friends. For information call 1 (314) 843-3578.

Al-Anon Adult Children Providence, 2103 Iowa, 10 a.m., park in rear, no smoking, 452-8596.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon Adult Children, 10 a.m., Wellness Center, 2103 Iowa, Granite City, 453-2429.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Rescue Mission, 1536 Fourth St., Madison, food pantry is open.

(See CALENDAR, Page 5B)

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Name _____
Address _____
Phone Number _____ Age _____

Calendar

(Continued from Page 48)

open from 9 a.m. to noon. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

Sunday, Oct. 20

All you can eat! pancake and sausage breakfast, 8 a.m. - 1 p.m., Engelbert Hall, 10 & Washington, Madison. Adults \$3.50 Children (6-12) \$2. Carry-outs available. Also, cake sale, craft table, and book sale. Sponsored by St. Mary's Catholic Church Activity Committee.

Midwestern United States Imperial Dance Club (MUSIC) will hold its regular meeting at 6 p.m. at the American Legion Hall in Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for nonmembers and \$2 for members. For more information, call 483-2465.

The Pontoon Beach Jaycees regular meeting is held at 7:30 p.m. at Ralph and Charlie's Steak House. The meetings are open and the public is invited. Craft Show and Flea Market will be held from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens building, 3910

Highway 111. For more information, call 756-2513.

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Narcotics Anonymous, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-0949. Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 1 (800) 307-6600.

Eagles Auxiliary 1126 Bingo, 1 p.m. at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffles. Old Six Mile Museum, 327 Maryville Road, Granite City, is open to the public each Sunday from 1-4 p.m. through December 15. Special tours for groups are available. Call Georgia Engelke, 931-3023, to arrange a tour or call 931-1352 for more information.

Monday, Oct. 21

Disabled American Veterans Chapter 53, 1417 19th St.

Granite City, 876-7816, 8 p.m. Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2423.

Chemical Dependency Relapse Prevention group meets from 6:30 to 8:30 p.m. at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3888.

First Place, a Christ-centered nutrition program, meets from 6 to 7 p.m. at First Baptist Church, 2081 Delmar Ave. in Granite City.

Neglected Victims of Child Sexual Abuse, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

TOPS 2848 (Take Off Pounds Sensibly), 6 p.m., Melvin Pile Support Center in Granite City, 876-2124.

TOPS 11 645, 7 p.m., Anchorage Recreation Center, 2902 Edwards St., Granite City, 453-6102. Men and women welcome.

Tuesday, Oct. 22

"Early Recovery and the Benefits of Sobriety" talk presented by Sr. Linda Hylla, LCWS, of St. Elizabeth Medical Center's Behavioral Health System Presentation, 7:30 p.m. in Pascal Hall, is free to the public. Phone 798-3888 to register or for more information.

Benevolent and Protective Order of Elks, Granite City Lodge 1083, Maryville Road, Granite City, 931-3557, 8 p.m.

Job's Daughters Bethel #43 meets at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.

Knight's of Columbus, 3rd Degree, 3225 Old Alton Road, 7:30 p.m., 877-4250.

Ostomy Support Group, 2 to 4 p.m., Pascal Hall, main floor, St. Elizabeth Medical Center, 798-3167.

People Needing People Bereavement Support Group, 7 to 9 p.m., Wietman Room, first floor, St. Elizabeth Medi-

cal Center; call Hospice of Madison County, 798-3399.

Bemis Chiropractic, 3361 Fehling Road in Granite City, is offering free electronic spinal screenings from 9 a.m. to noon. Call 876-2273 for more information.

Boys & Slippers Dance Club, square dance lessons, 2 to 9 p.m., First Christian Church, across from the Cracker Barrel, Caseyville. The cost is \$2.50 per person, per lesson. For more information, call 797-8528 or 344-4036.

Depressive Manic Depressive Association of Madison County will meet from 7 to 9 p.m. at St. Elizabeth Medical Center. James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call 877-7517 or (314) 776-4929.

TOPS 1699, (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 2902 Edwards St. call 797-2724 for more information. Men and women are welcome to attend.

Alcoholics Anonymous, 8:30 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous (women only), 8 p.m., Freshwater Church, Mitchell, T. (800) 307-6600.

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Senior menus

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Thursday, Oct. 17

Spaghetti with meat sauce, tossed salad, Italian vegetables, wheat bread, tropical fruit.

Friday, Oct. 18

Chicken patty, potato triangles, broccoli and cheese, bun, chocolate ice cream.

Monday, Oct. 21

Country fried steak, whipped potatoes with gravy, black-eyed peas, wheat bread, applesauce.

Tuesday, Oct. 22

Ham and beans, cole slaw, cornbread, sliced pears.

Briefly

Seniors celebrate birthdays
The Eagle Park Acre Seniors celebrated their quarterly birthdays on Aug. 15 at the Crown Restaurant in St.

Louis. Nineteen attended. Those celebrating birthdays were Bessie Cooper, Christine DeLoach, Dorothy Sharp, Dorothy Wiley, and Ethel VanBuren all of Madison. The group also closed out their outdoor

summer activities with a fish fry on Aug. 9. The Eagle Park Acre Seniors made a contribution to the Youth Departments Vacation Bible School, Cannan Gallie Baptist Church of Madison.

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Parent-teacher conferences slated at GCHS

Parent-teacher conferences will be held Monday and Tuesday, Nov. 18 and 19, at Granite City High School.

There will be no classes those days.

Teachers will be available for conferences with parents from 8 to 11:30 a.m. and from 12:30 to 3 p.m. Nov. 18, and from 1 to 4 p.m. and 5 to 8 p.m. Nov. 19.

Parents are asked not to bring their children with them to the conferences.

Report cards will be distributed during the scheduled conference times.



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"Project Trim" is an eight-week weight loss program developed by the St. Louis Dietetic Association. This program is based on behavior modification with a specific plan and goal for each participant. An exercise program also is available.

Date and Time:

Class begins Thursday,
October 31, 1996
6:30 to 8 p.m.

Cost:

\$50.00 class only
\$80.00 with exercise component *

* The exercise program includes a TWO-MONTH MEMBERSHIP TO BELLEVILLE HEALTH AND SPORTS CENTER. An introductory class will be held.

Place:

"Project Trim" is held in Memorial Hospital's auditorium.

The exercise program is held at Belleville Health and Sports Center, 1001 S. 74th Street, Belleville

Information:

Class size is limited. To register, call Memorial's Community Relations Department at (618) 257-5649.



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Scholarships — Representatives of the Weyerhaeuser Company are pictured with Belleville Area College students selected as the 1996-97 recipients of the Weyerhaeuser Company Foundation scholarships awarded through the Belleville Area College Foundation. Pictured from left are Mary Lou Polacek of Waterloo; Linda Wittman of Collinsville; Dana Dake of Granite City; Sandy Dickens of Freeburg; Kathy Eames, Weyerhaeuser controller; Pat Johnson, Weyerhaeuser human resource manager; Tara Taylor of Belleville; and Darla Hollmann of Perry. For more information on Foundation scholarships, call the BAC Foundation Office at 1-800-BAC-511, extension 215.

6 McKendree students present forum on several historic sites

Six McKendree College students made a presentation about their recent trip to the East Coast during an open forum; the students visited sites involved in early American history.

Dr. Tom Sparhawk, assistant professor of sociology at McKendree, and Pat McGarrity, adjunct professor, led the students on the excursion that took them to historic sites of the American Revolution, Civil War battlefields, and the cities of Washington, D.C., Philadelphia, and Baltimore.

Students presenting the forum were junior Mike Eversole from Belleville, senior Lance Fraley from Granite City, sophomore Jamie Peoples from Collinsville, senior Dave Roberts from Charleston, sophomore Ryan Welter from Fairview Heights, and senior Kerri Zeisset from Lake Forest.

The first leg of the trip took the students to

Jamestown, Yorktown, and Colonial Williamsburg in Virginia.

The next leg of the trip took the students to the Richmond, Va., area. There they explored the trenches and earthworks of the Petersburg battlefield. They examined the area where the Battle of the Crater was fought. The group also visited two other Civil War battlefields in the area of Chancellorsville and Fredericksburg.

Next, the group visited Washington, D.C., Baltimore, and Philadelphia. Sites visited in these cities included The Smithsonian Institute, The Holocaust Museum, several monuments, Annapolis, Fort McHenry, the Liberty Bell, Independence Hall, and Valley Forge.

The group wound up the trip by visiting two other Civil War battlefields, Gettysburg and Antietam.

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Horoscope

Wednesday, Oct. 16
The Sagittarius moon tickles your sense of adventure. You may feel you have the energy to take on the elements. You won't have to because you

encounter people who are on your side. Now you are your own worst enemy. Watch the internal messages you give yourself and silence negative voices right away. Love is adventurous if you have the confidence to take risks.

ARIES (March 21-April 19). Love arrives twofold. You may have to juggle two romances while you make a long-term decision. An elaborate explanation is false. Parents are lenient with younger children. A Pisces reads you like a book.

TAURUS (April 20-May 20). Someone from your past is waiting to repay a debt or obligation. Resourceful homemakers can make money through part-time jobs. Luck comes through volunteer work. Romance is balanced, so if you want more, give more.

GEMINI (May 21-June 21). Extraordinary circumstances give you temporary power.



Joyce Jillson
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Discipline strong-willed children with a firm hand. Old romantic entanglements complicate your present situation. A loyal friend stands up for you.

CANCER (June 22-July 22). Irritating remarks only stop when you rebel. Constant dedication to a goal brings other career successes. Get outdoors to rejuvenate your

spirit. Meet a potential new sweetheart at a store or restaurant.

LEO (July 23-Aug. 22). Consolidate your debts for peace of mind. Prestige from community involvement nets you a better paying job. Visit relatives you'll receive entertaining news. An honest answer is taken to heart by a loved one. Pay a Libra back.

TODAY'S BIRTHDAY (Oct. 16). A love relationship improves when you alter your work hours in November. Extra cash in January gives you a chance to invest. Travel in March brings an important friendship with a Libra or Gemini into your life. Your job is demanding in December, but if you keep strong, higher-ups will be generous with bonuses. Your best sign for love are Leo and Taurus.

VIRGO (Aug. 23-Sept. 22). Civic activities put you at the forefront of your profession. A

sizzling romance forces you to reorganize your priorities. Be generous when evaluating co-workers. A Cancer figures in on a money deal.

LIBRA (Sept. 23-Oct. 22). You communicate successfully when overturning a decision. Your social status changes when you entertain. An insider helps you get a coveted appointment or job. Your romantic partner needs more affection.

SCORPIO (Oct. 23-Nov. 21). Your career will skyrocket with better organization of your time. Revive a love relationship with a surprise gift or gesture. Make travel plans now. Your efforts are appreciated by your family.

SAGITTARIUS (Nov. 22-Dec. 21). Your research leads to breakthroughs or special attention to a community problem. Your sweetheart watches you carefully for clues, so be sure you are honest

in your behavior. Try not to show your cards.

CAPRICORN (Dec. 22-Jan. 19). If you keep asking for guarantees, you will undermine your position. Sign contracts, but postpone complicated negotiations. Fight to regain a current love and you will win. You deserve more personal attention.

AQUARIUS (Jan. 20-Feb. 18). Extravagance must be controlled. Investigate all the career options available at your work place. Talk with superiors. News from a friend confuses you. Be patient and all will be explained.

PISCES (Feb. 19-March 20). You are an excellent diplomat at meetings, and you gain the attention of key people. Hold back in making love commitments, except with Leos. A family disagreement could escalate.

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On Thursday, Oct. 17, Dr. Nancy S. Ypma, will continue the series with a 25th birthday celebration of the Bosch tracker pipe organ located in the college's Bothwell Chapel. The performance will begin at 7:30 p.m. Ypma is a dynamic virtuoso and an internationally acclaimed organist. Ypma, a resident of Lebanon, is an associate professor of music and director of music at

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McKendree. Nov 1 the Fine Arts Series will feature another special event, a trip to the St. Louis Symphony. McKendree's students also moved to center stage in November with the student theater production of "The Diary of Anne Frank," Nov. 7, 8 and 9. The McKendree College Choir will present its annual Christmas Concert Sunday, Dec. 8 at 3 p.m. in Bothwell

HALLOWEEN PARTY!

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Chapel. The concert is free and open to the public. Also in December, the McKendree Cantori will hold a Madrigal Dinner, 6:30 p.m. in Parsons Hall on Thursday, Dec. 12 and Friday, Dec. 13. Tickets for the dinner are \$15 and may be reserved by calling 618-537-6856.

The Bach Chamber Chorus will perform Feb. 7 at 8 p.m. in Bothwell Chapel. The chorus is comprised of members of the highly acclaimed Bach Society of St. Louis. The chorus, under the direction of Dennis Sparger, will perform choral works of Bach as well as other famous composers.

The McKendree Cantori Winter Concert and a trip to the Fox Theater in St. Louis are the Fine Arts Series schedule in February. The cantori will perform their Winter Concert 7:30 p.m.

Wednesday, Feb. 26 and the college will provide transportation to see "Sunset Boulevard" at the Fox at 8 p.m. Thursday, Feb. 27. Ticket purchase for Sunset Boulevard is based on availability. The cost is \$37 for Middle Balcony

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seating. McKendree students may purchase tickets at half price.

Saint Louis Brass Quintet takes center stage March 9 at 7:30 p.m. in Bothwell Chapel. The quintet's performance ranges from the light music of P.D.Q. Bach and Dixieland to the great music of the masters by brass, from the works of today back to the magnificent baroque. Saint Louis Brass Quintet accompanies concerts with humorous antics and a zaniness that audiences love.

Jennifer Shadle Peters, an accomplished vocalist who established the Edwardsville Children's Chorus, will conclude the McKendree College 1996-97 Fine Arts Series with a performance April 29 at 7:30 p.m. in Parsons Hall. Peters is a soloist who has performed in roles from opera to musical theater. Her vigorous vocal recitals provide an excellent evening of entertainment.

The Fine Arts Series is an extension of McKendree's belief in providing a solid liberal arts education. The series provides education and entertainment opportunities for McKendree's students and for the surrounding community. Individual Fine Arts Series performances are \$6 for adults, \$5 for senior citizens, \$4 for students. McKendree students are admitted free.

For more information about McKendree's Fine Arts Series, please call 618-537-6857.

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Scrabble tops list of great games to play

By Kevin Carbery
Staff writer

While growing up, I loved board games. I played Risk, Monopoly, Clue, Yahtzee, Stratego, checkers, chess — just about every game I could find on the shelves of toy departments. I always enjoyed the strategies involved in the activities.

My favorite board game to this day is Scrabble, the game in which words are formed out of letters on tiles with point values assigned to each letter.

There is more to Scrabble than just words. There is also the art of the bluff. The "challenge" rule in the game is a double-edged sword. If you think the letters your opponent puts down do not create a legitimate word, you can challenge. If it's not in the dictionary, your opponent must take the word off the board and will receive no points for the play. However, if the word happens to be in the dictionary, the one who makes the challenge loses his next turn.

The challenge feature turns every Scrabble game into a battle of wits. You can act like a genius, or you can be a perfectly appropriate word, and, if your opponent is too chicken to challenge, you get the points for it. Similarly, you can act like you are not sure a legitimate word you are putting down is in the dictionary, then try to bait your opponent into challenging.

I won the game, and to this day, if I want to irritate Mike, all I have to do is say the word "xxx."

This week's trivia is on the game of Scrabble.

1. Of aa, ai, oa and oe, which is the only one not considered to be a word by the Official Scrabble Players Dictionary?
2. What is the only letter in the game worth five points?
3. How many letter tiles do you get to start the game?
4. What color are the Triple Word Score spaces on the board?
5. How many spaces are on a Scrabble board?
6. The last word in the Official Scrabble Players Dictionary is zyzzyva. What does zyzzyva mean?
7. Why can't you use the word Buttafucio in a Scrabble match?
8. What is the bonus if you use all of your tiles on one play?
9. What color are the Triple Letter Score spaces on the board?
10. There are more tiles of which letter than any other in the game?

ANSWERS: 1. Only aa is not in the dictionary. Aa is solidified lava, ai is a South American sloth and oe is a whirlwind near the Faeroe Islands. 2. The k. 3. Seven, which is the number of tiles you are supposed to have until the final plays of the game. 4. Red. 5. 225. It is 15 rows wide and 15 rows high. 6. A tropical weevil. 7. Words always capitalized are not allowed. 8. 50 points. 9. Blue. 10. The letter e. There are 12 of them in the game.

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SCHOOL NEWS

Area organizations helping school make technology improvements

Almost a year ago, St. Elizabeth Elementary School embarked upon a journey to provide a realistic, feasible plan to take the children into the next century. Knowing that the future would entail technology, the plan was named "Carpe-Diem: Seize the Day!"

A year later, thanks to many individuals and organizations like the Knights of Columbus, we have arrived and on time. By the end of the year, we plan to have 15 work stations of Local Area Network installed with an IBM platform.

Thanks to donations from the Knights of Columbus, St. Elizabeth will now have eight Pentium 100s. A total of \$17,000 has been donated toward this effort. The last donation for \$6,000 will be well spent. It will buy three new computers, a new computer work station and five new chairs.

Besides the generous donation by the K of C, our school has received a Toshiba grant for \$3,000 and awaits two grants to network the

"We are very appreciative and excited about our new lab."

Alecia D. Poetker

lab. IBM also donated five computers through their Employee Matching Grant Program. St. Elizabeth parish paid for new wiring and air conditioning over the summer months and both the men's and ladies' clubs donated \$3,500 total to purchase new software.

"We are very appreciative and excited about our new lab," said Alecia D. Poetker, principal of St. Elizabeth Elementary. "We know that coupled with our dedicated, talented staff, we can offer a more challenging curriculum."



Alecia D. Poetker, principal of St. Elizabeth Elementary, and James DeRuntz, Faithful Navigator of the Fourth Degree Knights of Columbus in Granite City.

Tips on planting Spring Bulbs from the experts at

FRANK'S NURSERY & CRAFTS

Where Beautiful Things Begin

BULB PLANTING DEPTH CHART

	3"	4"	5"	6"	7"	8"
Allium, Giant Onion						
Allium, Drumstick						
Crocus						
Fritillaria, Checkered Lily						
Fritillaria, Crown Imperial						
Glory of the Snow						
Grape Hyacinth						
Grecian Windflower						
Hyacinth						
Iris						
Lily						
Narcissus, Large Cup						
Narcissus, Poeticus						
Narcissus, Trumpet						
Snowdrop						
Siberian Squill						
Striped Squill						
Summer Snowflake						
Tulip						
Wood Hyacinth						
Winter Aconite						

*3 times the vertical diameter of the bulb

Do you enjoy the beautiful sights of spring? Small drifts of color popping up around mailboxes and fence posts, clusters peeking through the snow. Who wouldn't? And you can easily marvel at this beauty in your own garden instead of someone else's! Here's how!

The above-mentioned color show is a long way off. But if you'd like to have spring herald its arrival with those spectacular splashes of color, October is the time to act. And those spring flowering bulbs you plant now will reward you next spring.

Bulbs planted now will still have plenty of time to develop strong roots before the ground freezes.

Bulbs like well-drained soil, so select a spot that's appropriate. Spread a two to three-inch layer of an organic material such as peat moss or compost, over the soil, along with a high-phosphorus fertilizer or bulb food. Frank's Bulb Food and Frank's Bone Meal are excellent choices. Then till the soil to a depth of 12", thoroughly mixing the soil and additives.

Now for the planting: You can set the bulbs in a particular arrangement, or you may prefer the "natural" look, achieved by tossing the bulbs onto the ground and planting them where they land.

Dig the holes with a bulb planter or hand trowel. The depth of the hole depends on the types of bulbs you're planting, so we've included a hand depth planting chart.

Firmly place the bulbs, pointed end up, in the bottom end of the hole. Cover with soil and water thoroughly.

After the ground freezes, apply a mulch to protect your bulbs. A two-to-four-inch layer of pine bark nuggets, evergreen boughs, straw or shredded leaves works quite well.

All that's left for you to do is cozy up inside the warm house and wait. Your efforts will pay off next spring in a spectacular way!

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Watch Sunday's Journal
for more tips from the
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Today's Food

Wednesday, October 16, 1996

Food & Nutrition

Wise Ways

Worldwide hunger seems like a subject for large groups of minds, but World Food Day draws the individual to find a course of action.

Heart-y Bites

Healthful eating, as well as physical conditioning, run up the score for successful athlete.

Blue Ribbon Cook

Apples twine together tempting flavors of baked pork chops and stuffing.

Test Run

Tasters take inexpensive ramen soups that are low in fat to a quick lunch.

Micro Raves

Meaty darling of the autumn, pork stands up well to microwave cooking.

Lively Taste

Prepare Spicy Pears at least eight hours before serving to develop their flavor. They can be served on the side of pork or grain dishes or as dessert. Place a regular-size (10-by-6-inch) ready-to-use cooking bag in a 12-by-8-inch baking dish. In bag, gently squeeze 3/4 cup honey, 1 tablespoon white vinegar, 1/4 teaspoon cinnamon and 1/4 teaspoon cloves to mix ingredients and cover 1 can (29 ounces) pear halves, drained. Close bag with nylon tie. Make six (1/2-inch) slits in top. Microwave on high power 3 minutes. Cool. Refrigerate 8 hours or overnight. To prepare conventionally, bake 15 minutes in preheated 350° oven.

Health & Fitness

Medicine Chest

A home test kit for HIV is being pilot tested in Texas and Florida. If found successful, the test may be available nationwide early next year. The test, made by Johnson & Johnson, is expected to cost \$40 to \$50. It will be supported with counseling for consumers.

Fresh Picks

Sprouts add crunch and protein to a sandwich or salad. Tiny alfalfa sprouts are the kind generally found on sandwiches, while larger mung bean sprouts are common in Chinese foods. Unwashed sprouts refrigerated in a plastic bag stay crisp up to three days. For a vegetarian tostada, top a baked, crispy flour tortilla with 1/4 cup (1 ounce) grated cheddar cheese, 1 cup shredded lettuce, 1/3 cup three-bean salad, 1/2 cup alfalfa sprouts, 1/2 cup diced fresh or well-drained canned tomato, and 1 tablespoon chopped green onion. Garnish with salsa.

Big Fat Tip

Skim, one-half and 1 percent milk have little or no fat with all the calcium and other nutrients found in whole milk. They also have fewer calories.

Future Shop

Pizza is a culinary staple at home. In the last 50 years, the guarantee that mom won't cook tonight has undergone a metamorphosis, from the pizzeria restaurant to the entertainment mecca, and finally to a convenience food, a la pickup or delivery, and frozen with leftovers. According to national data from 1995, frozen pizza is served in a household an average of 11 times, \$1.6 billion worth of frozen pizza is sold in supermarkets and each American consumes an average of 2.45 pounds of frozen pizza annually.

Gateway to Wine

By Janice Denham
Staff writer

The rising glory of Missouri wines invites people from far and wide to come and enjoy. The must is coming closer. St. Charles may not have an Arch, but it is sprouting into the gateway to the state's wine industry, with both food and drink to share.

"Augusta and Hermann have very, very fine wines with fine dining experiences, but it takes a day trip," says Mark Milburn, president of Cavern Springs Winery, 300 Water St. "We can offer the wine and the food and the atmosphere, but it doesn't take a whole day to do it."

Cavern Springs makes wine under its own label and offers a variety of dining scenarios. Vintage House Restaurant and Wine Garden, 1219 S. Main, sells a variety of Missouri wines and specializes in German cuisine, while Winery of the Little Hills, 501 S. Main St., has its own and other Missouri wines with an American-style lunch and dinner menu.

Cavern Springs is the newest entry, just up the



Dinner at Cavern Springs Winery can be toasted in the dining room or by candlelight in a cavern. Wine outlets in historic St. Charles offer their own and other Missouri labels. Larry Knipp of the Missouri Grape and Wine Program says this year's grape crop is down generally, because of a very harsh winter and late, wet spring, but a price increase is not expected because this is "a one-year phenomenon."

hill from all the antique and craft shops that celebrate St. Charles as the first state capital.

"The typical winery starts out real 'mom and pop' in style. They plant a couple acres of grapes, sell wine from a shed and the shop starts growing," Milburn says.

On the contrary, investing in a former brewery in downtown St. Charles offers a different challenge.

He calls the site a "genuine jewel," because of its history, dating back to 1851 when Christian Heuser, a brewmaster trained in Prussia, bought the block with natural springs for \$235. Fischbach Brewing Co. carried the site past Prohibition. Van Dyke Brewery bottled the last beer on the site in 1972.

The winery's gardens stand on the site of the first governor's mansion. The underground storage tunnels stored "artificial ice," as well as beer.

"The cool temperatures are stable for lagering — and for wine," Milburn says.

Cavern Springs being the new kid on the block, its nine wines currently are made in Augusta. Names of the wines — including a



The ambience of dining with locally-made wines is only minutes away.

Roy Sykes Photos

SEE WINE, INSIDE TODAY'S FOOD PAGE 2

Cinnamon Stick Baked Apples

Core and peel 1 inch around opening at top and bottom of 4 baking apples (about 2 pounds). Place stem-side up in microwave-safe casserole dish with cover. Fill each apple with 1 cinnamon stick, plus 1 tablespoon candied lemon peel or red-hot cinnamon candy. On each, spoon 1 teaspoon marmalade around top and drizzle with 1 tablespoon frozen pineapple-orange juice concentrate (thawed). Microwave, covered, on full power 10 to 15 minutes until apples are soft, turning one-quarter turn halfway through cooking. To serve, place room-temperature apple on top of 1/4 cup vanilla yogurt. Drizzle with cooking juices.

Source: "Feasting in the Fast Lane," by Holly Rudin Braschi

Kids' Cuisine

Today's Food

Test Run



Packages of ramen noodle soup are a regular item in pantries and office desks because of their price, convenience and fill-em-up qualities. Campbell's makes three varieties with baked, rather than fried, noodles.

Baked noodles soak up cudors in packaged soup

Ramen noodle soup probably got as many people through college as late nights over algebra books. Only when the Oriental writing on the packages gave way to American standards for nutrition information did many people find out the filling, inexpensive — read that "cheap" — noodles were fried and loaded with fat.

Campbell's now packages ramen noodle soup with baked noodles in three flavors: chicken, Oriental and beef. All of them were tried for lunch in *Journal* offices. Supermarkets price them at 25 cents a package, which is designed for two servings but most people eat in one sitting.

"The low-fat ramen noodles are, I think, every bit as good as the full-fat variety," said a tester whose family ate them most Sunday evenings after church when she was growing up.

Ramen noodle soups in the block-shaped plastic package can contain as many as 10 grams fat per serving. The baked ramen soup has only 1 gram fat in a 1-cup serving. Sodium is 720 milligrams per serving, about the same as the fried noodle varieties.

"One gram fat is a good feature and the price is right," said a taster who expected to buy them in the future. She noted the regular ramen might cost be priced at about six packages for \$1, but four packages for the same dollar was still a big bargain.

Another introduced the soup to his children.

LEMONY CRANBERRY COOLER

In large plastic or glass pitcher, add 1 quart cold water to 1 tub cranberry-flavored soft drink mix. Stir until dissolved. Refrigerate.

Wine

Continued from page 1C. hearty Burgundy-style wine called Duchesne and a Johannesburg Riesling named after Meriwether Lewis — reflect the local neighborhood. Tony Koomjian of Augusta Winery makes these wines.

While Cavern Springs secures its grapes from growers outside the St. Louis area, there is growing interest closer to home in providing grapes to local winemakers, Milburn says.

A trial run of 10 to 50 gallons is being aged on site in the cellars, which took two years to clean, once the debris and machinery were removed. There is plenty of space, including an outdoor garden, for other projects, like providing tours and serving food under chef Dan Walsh, whose recipes follow.

The dining room and tasting area are open regularly, but for special occasions, like weddings and anniversaries. On Wednesday evenings the cavern opens for candlelight dining with music provided by Lindenwood College music students.

Although Vintage House Restaurant and Wine Garden is one of the original wineries in the area, there has been no wine-making on the property for about 10 years.

Owner Gus Holzwarth says the kitchen concentrates now on providing German and American cuisine with many dishes flavored with wine. Capitalizing on his own German origins, he offers in specialties like sauerbraten and smoked sausage, serves lots of potato pancakes,

Heart-y Bites

Rams tackle eating as heartily as training

Thirty...20...10...touchdown.

On television I watch a miniature man prance while fans cheer and I marvel at the exquisite physical display. Touchdowns, however, begin before the team takes the field.

A tour of the St. Louis Rams' training facility proved it. First, I viewed the practice greens, weight room, massage tables and whirlpools, then finally sat in a conference chair where a star player may have sat reviewing video tapes and strategies from Sunday's game. With my feet swinging freely like a child's, I was amazed at how much was done to prepare to shut out the opponent.

The tour led to the training table. As I built a hearty roast chicken sandwich on earthy grain bread, I noticed a player ahead making similar food choices to mine. Our sandwiches and side dishes were about the same size.

Feeling like part of a post-Olympic cereal commercial, I worked my way forward to hear how he ate to train and get his autograph as proof of our momentary closeness.

Defensive tackle D'Marco Farr responded with the perfect health advice for all

healthy Americans. He eats mostly carbohydrates — pastas and grains, fruits and vegetables. He eats only what he needs to, maintain an optimal training weight.

I can take this advice and run with it. With heart disease still the No. 1 killer in any league, heart training has no season. It doesn't pay to fumble here.

Boston Markets spread the Rams' training table with a variety of breads, salads, meats and fruits. Such variety makes low-fat choices easy.

When I cook at home after a long day, healthy choices do not always seem that simple. With my own schedule timed to the minute and often needing to put an extra 25 yards, I cheer for carryout food that doesn't blow my training schedule.

The Rams players are lucky because they can order the same type of food ahead to take home from the facility. So am I. Often with a phone call ahead, I can pick up anything I like to take home — salads with a side of low-fat dressing, veggie pizza, sub sandwiches or oven baked chicken.

Supermarkets make carryout easy, too. A bagged salad, sliced deli meats, prepared fruits, and pasta

or potato salad in vinaigrette-based dressing await my order.

Here is a delicious recipe similar to one from the Rams' training table.

Registered dietitian Libby Mills is a staff member of the American Heart Association, St. Louis Chapter.

HOT POTATO SALAD

6 potatoes
Salt and pepper
1/4 cup chopped celery
2 tbsp. tarragon vinegar
2 tsp. cider vinegar
1/4 cup oil
1 thick slice lemon

Cook potatoes until barely done. Cool. Slice into baking dish. Season with salt and pepper. Sprinkle with celery.

Heat vinegar, oil and lemon to boiling point. Remove lemon. Pour over potatoes. Mix gently.

Let stand, covered, in 350° oven about 10 minutes until heated through.

Makes 6 servings; 163 calories; 2-g protein, 9 g fat, 20 g carbohydrate and 54 mg sodium each.

By BARB GRAY

Micro Raves

Pork can play key role in health and fine taste

Pork has outstanding nutritive value. It is an excellent source of body-building protein and is not necessarily high in fat. Its high-quality protein contains all the essential amino acids needed to build, maintain and repair body tissue and help fight infection and disease. Because the body cannot store protein, foods that contain it, like pork, should be eaten every day.

Minerals, another necessary food component, are an important part of the body cells and fluids. The mineral iron, together with the complete protein, is vital in the formation and maintenance of red blood and prevention of anemia.

Pork is a major dietary source of B vitamins, especially thiamine. Pork is one of the most completely digestible and utilized foods. Every pork cut is tender, so it can be included in everyone's diet.

Strained pork products for babies provide essential nutrients early in life.

Meat plays a role in the diet of weight watchers, so they are less likely to be tired, hungry and to turn to nibbling between meals.

Using a microwave oven to bake pork is easy and quick. Plastic bags designed for roasting are excellent to cook roasts and chops and often contain recipes with other ideas.

This recipe calls for microwaving pork on a roasting rack in a baking dish. Any means can be used to lift the meat above the fat dish.

Tenderloin is the most tender pork cut. The glazes are versatile ways to have a different dish every night. They are from the Microwave Cooking Library's "Microwaving on a Diet."

Certified home and consumer scientist Barb Gray specializes in microwave cooking.

PORK TENDERLOIN

2 lb. pork tenderloin roast
Glaze, if desired

Place tenderloin on roasting rack in 12-by-8-inch microwave-safe baking dish. Shield ends of roast with aluminum foil.

Estimate total cooking time at 12 1/2 to 16 1/2 minutes per pound; divide in half. Microwave on high power 3 minutes. Reduce power to medium (50 percent). Microwave remainder of first half of time. Remove shielding foil. Turn over roast.

Spread pineapple, fruit or apple glaze over roast. Microwave on medium power remaining time or until internal temperature reaches 165°.

HONEY-GLAZED GRILLED DUCKLING

6 breasts of duckling, skin removed
1/4 cup soy sauce
1/4 cup sweet Riesling wine (Cavern Springs Blancchete suggested)
Dash pepper sauce
1/4 cup olive oil
1/2 tsp. ground ginger
1/2 tsp. ground pepper

Combine soy sauce, wine, pepper sauce, honey, ginger and pepper. Marinate duckling, covered, in refrigerator overnight.

Remove marinade from meat, reserving liquid. Grill duckling to desired doneness. If desired, marinade can be boiled several minutes before serving as sauce.

Slice meat at angle and lay single-style on plate. Makes 6 servings.

MARINATED LAMB-CHOPS 'DUCHESE'

2 racks of lamb (1 1/2 to 2 lb. each), well trimmed
1/4 cup pinot noir wine (Cavern Springs Duchesne suggested)
1/2 tsp. thyme
1/2 tsp. salt
1/4 tsp. freshly ground pepper
1/4 cup Dijon mustard
Flour

1 egg
1 tsp. half-and-half
1 cup Italian-seasoned bread crumbs mixed

Wise Ways

By CAROL SCHLITT

Food Day draws focus on hunger

Today is World Food Day. Created by member nations of the United Nations Food and Agriculture Organization, it focuses attention on food and farm problems, and tries to get people of the world involved more directly in the search for solutions.

Access to nutritionally adequate food is a basic human need. In a world that for the first time in history has the technical capability to feed all its people, more than a billion people regularly go hungry.

World Food Day is an opportunity each year for people to think about food deprivation and what each individual does to help those in need in each country and in the whole world. Local, national and international action can provide a full and safe food system.

Just a few weeks ago, President Clinton signed legislation into law that encourages the donation of excess prepared, perishable food to those in need. The law provides people, gleaners and non-profit organizations will not be subject to civil or criminal liability for donating food in good faith to needy individuals. This law enables restaurants, hotels, institutions and individuals to do the right thing, that is, donate excess food otherwise wasted to those who are hungry.

It sounds like too big a problem to tackle as an individual, you say? On the contrary, I challenge you to do one or more of the following today:

- Donate the money spent on today's food to a local food pantry or shelter. An average family of four in the U.S. spends about \$20 each day for food. Only a hundred *Journal* readers donating \$20 would generate \$2,000 for local charities that feed hungry people.
- Visit a farmer's market or direct produce outlet to buy locally-grown produce. Buying home-grown fruits and vegetables cuts down on transportation, processing, storage and packaging costs and helps small, local farmers remain in business.
- Donate one hour to a soup kitchen, food pantry or food collection at a church.

Being a part of World Food Day today starts a process of interest to comment on ideas for action, from local problem awareness to international understanding, from single-day observances to year-round planning and programs.

Carol Schlitt is nutrition and wellness educator at the University of Illinois Cooperative Extension Service, Edwardsville center.

Blue Ri

Crisp tasty

Christine Por... is winning week's recipe. Autumn Pork wins a prize of tifications from House Co.

Stuffing mixed with apple, are arranged of appeasance, la the meat, ensur ness. Porter sa skinnish chicken replace the pork.

Recipes in the annual holiday pe Contest show marked by Oct consideration as during November.

One recipe pe can be sent to: ipe Contest, Suls, 1714 Du Trail, St. Louis. A prize from House Co. will each Wednesday, when the printed to share baking.

As usual, if the tory to the rec considered p enry. Along w eye appeal, as a basis for s ners.

Originality w ered, although need not be ori sible, name t source. Incu the *Journal* you.

Winners are mail. Duplicate be considered of earlier compliance w

AUTUMN PORK C

- 2 cups diced
- 1/2 cup grann
- 1/2 cup jona
- 1 can (6 oz.)
- for pork
- 1/4 cup (5/8 stic
- margarine,
- 1/4 cups hot w
- 8 boneless p
- 1 inch thick)
- 3/4 cup apples
- 1 tsp. ginger

Preheat oven to 350° F. To keep chops moist, baste with juice and 2 to 3 tab

MIRRO TO AN Granite City 637 Mac 877-5400

Quality walking the feet from p of knee, shin walking shoes tie more than you may look like dr Vitamin A is abu which means dangerous to especially USFDA is 8,0 pregnancy, you sarots you wa Edge-of-the-pod good for upper can (6 oz) sholder-width elbows and lift

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World Health C

Blue Ribbon Cook

Crispy apples distinguish tasty pork and stuffing

Christine Porter, Florissant, is winner of this week's recipe contest for Autumn Pork Chops. She wins a prize of dinner certificates from the Pasta House Co.

Stuffing mix is punctuated with apple, the chops are arranged on top, then applesauce, layered over the meat, ensures its moistness. Porter says boneless, skinless chicken breast can replace the pork.

Recipes in this month's annual holiday Cookie Recipe Contest should be postmarked by Oct. 31 for consideration as a winner during November.

One recipe per household can be sent to: Cookie Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. A prize from the Pasta House Co. will be awarded each Wednesday in November, when the recipes are printed to share for holiday baking.

As usual, if there is a history to the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will be used as a basis for selecting winners.

Originality will be considered, although the recipe need not be original. If possible, name the recipe's source. Include the name of the Journal you received.

Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules.

AUTUMN PORK CHOPS

- 2 cups diced apple, granny smith or jonathan preferred
- 1 can (4 oz.) stuffing mix for pork
- 1/4 cup (1/2 stick) margarine, cut in pieces
- 1 1/2 cups hot water
- 6 boneless pork chops (1/2 inch thick)
- 3/4 cup applesauce
- 1 tsp. ginger or allspice

Preheat oven to 375°.

To keep color of apple, toss fruit with water and 2 to 3 tablespoons lem-

on juice. Drain well. In large bowl, mix hot water with seasoning from stuffing mix and margarine until margarine is melted. Stir in stuffing crumbs and apple. Let stand 5 minutes. Spoon stuffing mixture into 13-by-9-inch baking

pan. Arrange chops over stuffing. Mix applesauce with ginger. Spoon evenly over chops and stuffing. Bake in preheated oven about 35 minutes until chops are cooked through.

Recipe

MEXICAN CORN CHOWDER

1/4 cup instant minced onion

- 1 tsp. olive oil
- 1 tsp. garlic powder
- 1 tsp. chili powder
- 1/2 tsp. cumin
- 1/2 tsp. black pepper
- 3 cups diced, tart apple, such as granny smith
- 2 pkg. (10 oz. each) frozen corn, thawed

- 1 can (4 oz.) chopped green chiles
- 2 cans (13 1/4 oz. each) low-sodium chicken broth
- 2 cups evaporated skim milk
- Diced red bell pepper, if desired

Soften onion in 1/4 cup water 5 minutes. In large saucepan, heat oil. Add garlic powder, chili powder, cumin and black pepper. Cook, stirring constantly, about 30 seconds until fragrant. Add softened onion. Cook

and stir about 5 minutes until tender.

Add apple, corn, chiles and chicken broth. Simmer, covered, 10 to 15 minutes until apple begins to soften. Cool slightly.

In food processor or blender, puree half the soup until smooth. Return to saucepan. Stir in evaporated milk. Bring to simmer. Remove from heat.

Garnish with diced red bell pepper. Yields 6 servings (about 8 cups); 235 calories, 11 g protein, 43 g carbohydrate, 4 g fat.

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ORGANIZATIONS

Scouts holding awards ceremony

To kick off this school year, the Girl Scouts in Madison and Venice will be holding their annual Court of Awards during which the girls will be receiving the badges and patches that they earned during the last few months.



Browley
Girls who have progressed from one level to the next will also be officially recognized through a Bridging Ceremony. Behind every memorable year in Girl Scouts is a group of volunteers that keep the Girl Scouts engines running in "tip top" shape. In the Madison and Venice communities, this is Vera Browley, the Neighborhood Chairman. Vera has been the Neighborhood Chairman for our years and her hard work has really paid off. Girl Scouts in Madison and Venice enjoy a lot of

fun activities and the communities benefit from the Scouts' involvement.

When asked what she felt was the key to a successful Girl Scout year, Vera said, "Adults who are willing to help with troops!" She added, "We realize adults are busy, yet we can't name one volunteer that devotes time to Girl Scouts because they have a lot of extra time. They just have a lot of heart."

There are many ways to volunteer for Girl Scouts — from working with a group on a special project, providing transportation, helping with leadership to accompanying a troop on a campout or teaching any kind of skill (computers, auto mechanics, music, campcraft, etc.).

For information on how you can volunteer time with Girl Scouts in your community, call your neighborhood chair or the River Bluffs Girl Scout Council at 692-0692 in Glen Carbon.

Stag party — Brother Knights, from left, Charles Hagauer and John Mink of local Knights of Columbus Council 1098 preparing lamb quarters to be eaten at the annual stag party held on Aug. 24.



Garden Study Club meets

The Garden Study Club held its monthly meeting on Oct. 2 at Pere Marquette Lodge. After lunch, President Hein Mihui called the meeting to order; the Pledge of Allegiance followed. Bob Stomum was welcomed as a guest.

Secretary Carla Fitzgerald read the previous months minutes, and they were approved. Treasurer Ruth Polson gave the financial report, and it was approved.

The group talked about Octoberfest, and items being sold were also discussed. It was decided to have a special account for the flower fund. Rules and financing were set up.

Other members present were Mary Church, Tose Piechocinski, Martha Simpson, Delores Gasso, Mary Mang, Katie Kosloff, Ellen Ansler, Mary Stomum, Helen Meyer, Marie Oitken, Paula Gontermann and Mildred Boyd. The meeting adjourned, and the group enjoyed a nature hike.



Gospel — Earthlight, a gospel music group from Oakland City University in Oakland City, Ind., will perform a concert at 6 p.m. Saturday, Oct. 26, at Johnson Road General Baptist Church, 2033 Johnson Road. Matt Vollmar, the group's baritone singer, is a 1995 graduate of Granite City High School. The public is invited to attend. Call 876-1147 or 931-3272 for more information.

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Church group hosting World Community Day

World Community Day, an annual worship service sponsored by Church Women United, will be held this year on Friday, Nov. 1, at St. John's United Church of Christ. Registration is at 11:30 a.m. There will be a finger-food luncheon at noon followed by the program. Each person attending is asked to bring a finger food for the lunch. World Community Day traditionally focuses on issues of justice; this year's service deals with violence against women, a national issue that affects peace and justice in our communities and that has global implications. In this World Community Day service, the questions of individual's and the church's response to the problem of violence against women are raised. In powerful, dramatic fashion through Biblical and present day stories, poems and songs, women's experiences of violence are recounted.

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In service

Bradley

Marine Sgt. Maj. J.R. Bradley, son of Eileen Bradley of Granite City, recently reported for duty with Marine Aircraft Group 29, 2nd Marine Aircraft Wing, Marine Corps Air Station New River, Jacksonville, N.C.

Bradley joined the Marine Corps in July 1989.

Loftus

Army Pvt. Mickey D. Loftus has graduated from basic military training at Fort Leonard Wood, Waynesville, Mo.

During training, students received instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions.

Loftus is the son of Barbara M. Loftus and Jeffery D. Loftus, both of Granite City.

Muckerman

Private Lori Muckerman graduated from basic training on July 19, 1996 at Ft. Leonard Wood, Mo.

Now stationed at Fort Sam Houston, Texas, Muckerman is training to be a medical specialist.

She is the daughter of Carri Large of Granite City.



Lori Muckerman

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Family Practice: Robert D. Blankenship, MD • Crisale C. Cosas, MD • Todd Paxton, DO

Pediatrics: Jeanne M. Trimmer, MD - 659-KIDS (5437)

Specialty Care: Richard Higblom, MD - Cardiovascular Surgeon • Harvey Serota, MD - Invasive Cardiologist • Robert Simpson, DO - Pulmonologist • Network of 50 specialist physicians

FAMILY

Briefly

Rep. holding office hours

State Rep. Tom Holbrook, D-Belleville, will be holding open office hours from 10 to 11:30 a.m. Wednesday, Oct. 16, at the Venice Township office, 410 Madison Ave. in Madison. Anyone can stop in during this time, or regular appointments can be made by calling 463-0200.



Choir — The "Saints Alive Choir" entertain at hospitals, nursing homes, senior citizen meetings, and churches. Their programs consist of hymns, patriotic, southern gospel, humor, and some audience participation. Pictured are, seated, Evelyn Bringer, Joyce Walker, Earl Spalding, Gertie Spalding, Ella Pierce, and Inene Dawes; middle row, Georgia Hindman, Wanda Rieneke, Verna Andrews, Radie Cochran, Bud Walker, Emerald Dawes, Vi Atkins, Lydia Sykes, Judy Capola, and Inis Gann (Director); back row, Dena Clark, Virta Ellis, Thelma Morelan, Wayne Ellis, Jack Elliot, Lynn Nichols, Eva Burrow, Edith Nugent, Helen Million. New members Jackie Thompson, Zella Scziglack, and Elvis Chandler are not pictured.



Centennial donation — Granite City Lions Club president Betty Johnson, left, presents a check to Elmer Stille, right, chairperson for the Granite City centennial committee.

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Cuvar chosen pageant queen

Allison Cuvar, 11 months, of Granite City, competed in the American Cover Miss and Cover Boys preliminary pageant Sept. 22.

She was chosen as Queen of the Baby Miss, most fashionable, and won an award for friendship.

Allison is the daughter of Sarah and James Cuvar, Jr. of Granite City. Paternal grandparents are Lynn and Jim Cuvar, Sr. Maternal grandparents are Sharon and the late Elwood Besserman.

She will be competing in the Illinois Stat Pageant in March of 1997, representing the Madison County area in the toddler division.



Allison Cuvar

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Upcoming Health and Wellness Programs

■ "Now Hear This!" Monday, October 21, 7 p.m. Ear-nose-throat specialist, Dr. Peter Selz, will discuss the problems and symptoms of hearing loss. Registration required. This free program is sponsored by Unity Advantage, St. Elizabeth's membership program for seniors.

■ Cardiac-Risk Blood Profile, Saturday, October 26, appointments begin at 7 a.m. and requires 12-hour fast. Includes Cholesterol, HDL, LDL, and Triglycerides. Cost: \$15. Results available Oct. 29, 6-7 p.m., at "Women and Heart Disease" program. Pre-registration required.

■ "Women & Heart Disease" free program, Tuesday, October 29. From 6-7 p.m. visit exhibits on cardiac health, rehabilitation, and heart-healthy eating; results of cardiac blood profiles (tests from Saturday, Oct. 26) will be available. At 7 p.m., cardiologist Dr. William F. Southworth will discuss heart disease risks for women. Registration required.

■ "Fall Prevention," Tuesday, November 12, 1-2:30 p.m. For Unity Advantage members and guests. Gerontology Clinical Specialist Marge Scovitch, RN, MSN, will discuss fall and fracture prevention. A physical therapist will discuss exercises to improve balance and proper use of assistive devices. Call to register or learn about the benefits of Unity Advantage membership.

To register call 234-2120 — extension 1515.

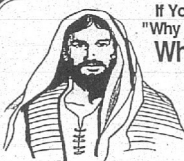
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P.O. Box 363, Perryville, MO 63775-0363

(Check only one)
"We Believe..." A Survey of the Catholic Faith - basics of Catholic belief, cross-referenced to the Catechism of the Catholic Church
The Catechism Handbook - a summary and explanation of the recently published Catechism of the Catholic Church
A Catholic Guide to the Bible - explains how Catholics understand the Bible, and gives a guided tour of each book of the Bible
The Privilege of Being Catholic - a handbook of Catholic beliefs and practices, with an emphasis on why we believe as we do
Morning Star...Christ's Mother and Ours - explains Catholic devotion to Mary (Please print)

NAME (circle one)
Mr. Mrs. Miss Ms.

ADDRESS

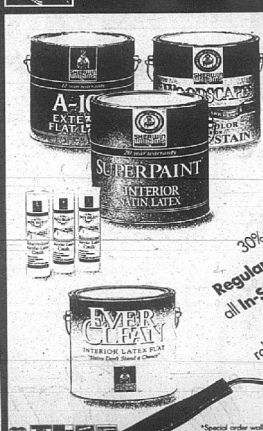
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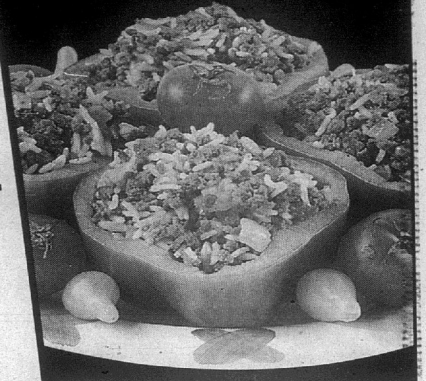
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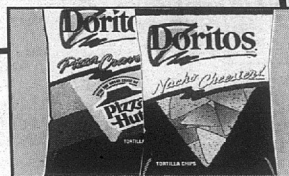
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R-F LASAGNA OR CREAMETTE
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16-32 OZ. PKG.



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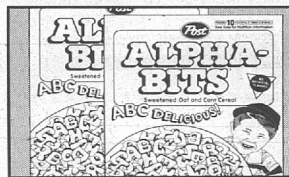
24-CAN CASE
**Pepsi, Diet Pepsi
or Mountain Dew**

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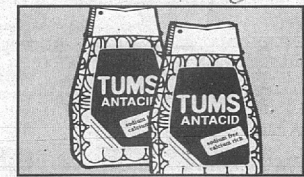
REGULAR OR MARSHMALLOW
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Water**

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Save
**Skim
Milk**

1 97
GALLON

REGULAR OR
MINI MARSHMALLOW
**Shop 'n Save
Cocoa Mix**

99¢
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ASSORTED VARIETIES
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Spaghetti Sauce**

89¢
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**Bi-Rite
Cat Litter**

1 79
25-LB. BAG

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**Kellogg's
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MILLER GENUINE DRAFT,
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30/12-OZ. CANS
EXCLUDING BELLEVILLE, CARLYLE & CAHOKIA STORES
ASSORTED VARIETIES
Pabst
Beer..... **699**
24/12-OZ. CAN

N.A. BEVERAGE
O'Doul's..... **597**
12/12-OZ. CANS

Ten
High..... **1099**
1.75-LTR. BTL.

Walker's
Deluxe..... **679**
750-ML. BTL.

Seagram's
Gin..... **1099**
1.75-LTR. BTL.

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Wine..... **2/\$5**
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Baby Magic..... **229**
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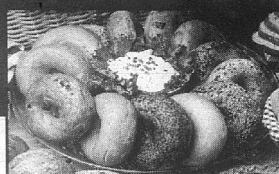
12-CT. COUGH & COLD
LIQUIGELS
OR 4-OZ. COUGH SYRUP
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CONDITIONER OR
Perma Soft
Shampoo..... **249**
13-OZ. PKG.

3-OZ. NIGHTTIME OR .45-OZ.
Baby Ora-Jel
Teething Gel..... **299**

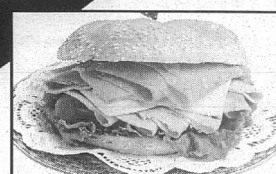
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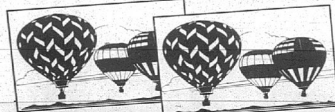


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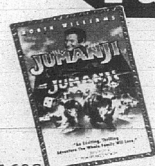
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Kretschmar
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GOLDEN DIPT
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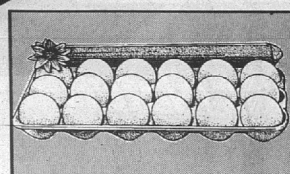
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**Yoplait Light
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**1 1/2 Dozen
Medium Eggs**

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**Red Baron
Pizza**..... **3/999**
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ASSORTED VARIETIES
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Pizza Pouches**.... **2/\$4**
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**Prairie Farms
Ice Cream**..... **299**
HALF GALLON

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**Sara Lee
Bagels**..... **79¢**
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ASSORTED VARIETIES
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**Kraft
Chunk Cheese**.... **2/\$5**
16-OZ. PKG.

**Bi-Rite
Spread Singles** **99¢**
10.6 OZ. PKG.

CHEDDAR OR MOZZARELLA
**Shop 'n Save
Shredded Cheese**.... **2/\$5**
16-OZ. PKG.

FROZEN
ORIG. OR HOMESTYLE
**Tropicana
Orange Juice**..... **99¢**
12-OZ. CAN



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REESES PIECES, KIT KAT OR
REESE PEANUT BUTTER CUPS
Hershey Candy

229
12-14 OZ.
PKG.

**Kiddy Mix or
Gum Value Pack** **329**
28-OZ. PKG.

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Pops**..... **249**
17.25-OZ. PKG.

EVERYDAY LOW PRICE
ASSORTED VARIETIES
Pic A Mix Candy **177**
PER POUND

KIDDY MIX OR
**Halloween
Jelly Beans**..... **2/159**
8.7 OZ. PKG.



NOT ALL CANDY & HALLOWEEN ITEMS AVAILABLE IN ALL STORES

AUTUMN MIX OR
**Halloween
Candy Corn**

99¢
12-OZ.
PKG.

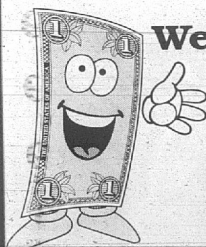
12" x 17"
**Halloween
Color Clings**.... **99¢**

**Halloween
Votive Candles** **3/99**

4-INCH
**Green Light
Stick**..... **119**

10-INCH
**Pumpkin
Basket**..... **169**

We Discount All Pre-Priced Products Every Day!

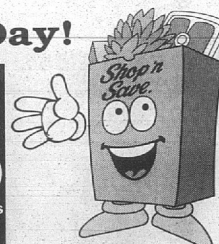


ALL GREETING
CARDS
DISCOUNTED
20%
FROM MANUFACTURERS
MARKED PRE-PRICE

ALL BOOKS
& MAGAZINES
DISCOUNTED
10%
FROM MANUFACTURERS
MARKED PRE-PRICE

ALL PRE-PRICED
BAG SNACKS
DISCOUNTED
10%
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ALL ENTENMANN
& HAAS ITEMS
DISCOUNTED
10%
FROM MANUFACTURERS
MARKED PRE-PRICE

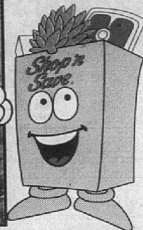


TOTAL VALUE



USDA CHOICE CORN FED BEEF
**Boneless Bottom
Round Roast**

149
lb.
LIMIT 3 PACKAGES
SOLD AS ROASTS ONLY



FROZEN
**HoneySuckle
Turkey Breast**

119
lb.

CARRY OUT
**Oscar Mayer
Deli Lunchables...** 3/\$5
6-10 OZ. PKG.

PATTIES OR NUGGETS
**Banquet
Boneless Chicken** 2/\$4
13.5 OZ. PKG.

ALL MEAT
**Eckrich
Jumbo Franks...** 2/\$3
1-LB. PKG.



BI-RITE FROZEN
**Boneless Skinless
Chicken Breast**

699
3-LB. BAG

PATTIES OR LINKS
**Jones Golden
Brown Sausage...** 119
8-OZ. PKG.

ASSORTED VARIETIES
**Eckrich
Lunchmakers...** 99¢
3-7.5 OZ. PKG.

FLAT CUT
**Brookfield Corned
Beef Brisket** 199
lb.



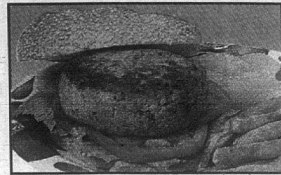
USDA CHOICE CORN FED BEEF
**Boneless Eye of
Round Roast**

239
lb.

**Ol Springhill
Corn Dogs.....** 299
3-LB. BOX

**Jimmy Dean
Pork Sausage** 2/\$5
1-LB. ROLL

**Hickory Ridge
Sliced Bacon** 219
1-LB. PKG.



**Jennie-O
Ground Turkey**

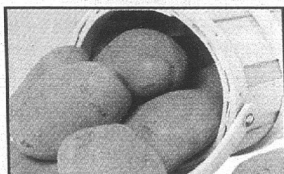
69¢
1-LB. ROLL

TURKEY
**Louis Rich
Smoked Sausage** 189
14-OZ. PKG.

DELI THIN
**Healthy Choice
Lunchmeat.....** 3/\$5
6-OZ. PKG.

ROPE, PATTIES OR LINKS
**Perri Italian
Sausage.....** 279
1-LB. PKG.

Pick of the Crop Garden Fresh Produce!



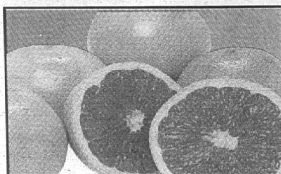
U.S. NO. 1
**Russet
Potatoes**

198
10 POUND BAG

FLORIDA
**Red
Grapefruit.....** 248
5-LB. BAG

FLORIDA
**Juice
Oranges.....** 168
5-LB. BAG

NEW CROP, RED OR
GOLDEN DELICIOUS
APPLES OR
Jonathon Apples 228
5-LB. BAG



48-CT. SIZE, FLORIDA
Red Grapefruit

4/98

SLICED
Portabella's..... 198
6-OZ. PKG.

**Dole Special
Blends Salad.....** 148
10-OZ. BAG

**The Finest Quality
& Selection**



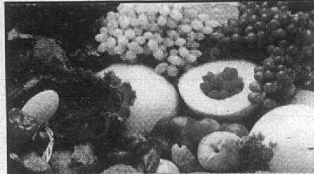
California
Broccoli

68¢
BUNCH

**Mann's Broccoli
Stir Fry.....** 198
1-LB. BAG

ROASTED OR SALTED
**Gary's
Peanuts.....** 198
20-OZ. PKG.

**Happy Apple
Caramel Apples..** 158
3-PACK



Try These
Exotic Varieties!
NOT AVAILABLE AT ALL STORES

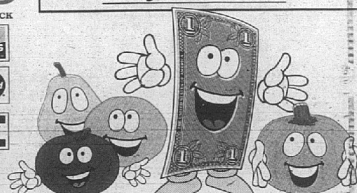
Bean Sprouts... 78¢
lb.
Alfalfa Sprouts... 68¢
lb.
FRESH Daikon..... 98¢
lb.
MELISSA Couscous..... 298
6-OZ. PKG.
MELISSA DRIED Mango Slices..... 298
3-OZ. PKG.
MELISSA Pinenuts..... 298
3-OZ. PKG.



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16 17 18 19

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EMPLOYMENT
210

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2100

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2600

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You will be billed immediately following last run day. You may pay in person, through the mail, or over the phone or fax. We accept cash, checks and credit cards (MC/VISA).

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Capture the reader's attention with larger headlines, bold type and symbols. Tell them up front what you're selling or seeking. Describe what is unique about your item, adding details such as color and condition. Avoid abbreviations; they make your ad harder to read and therefore less effective. Include your phone number and the hours you are available. Always include the price; it will increase your responses.

CANCEL AN AD

Deadlines for ad cancellation are identical to deadlines for ad placement. You may cancel an ad in person or over the phone. To cancel an ad, call phone 877-7700.

CLASSIFIED INDEX

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95 S-10 BLAZER 2 DOOR, 4X4, SHARP	94 CHEV. SUBURBAN 4X4, LOADED	93 CAVALIER Z24 V6, AUTO, AND MORE	93 LUMINA Z34 V6, LOADED 2 IN STOCK	93 HONDA DEL SOL EXTRA CLEAN	95 FORD ASPIRE COUPE AIR AND MORE
88 S-10 EXT. CAB V6, AUTO, AIR, LOW MILES	94 FORD RANGER EXT. CAB, LOW MILES	95 CHEVY TIMELESS CONVERSION VANS LOADED 2 IN STOCK	ASTRO CONVERSION VANS 4 IN STOCK	93 S-10 BLAZER 4 DR. V6, LOADED, EXTRA CLEAN	93 FORD TEMPO EXTRA CLEAN
91 GMC 1/2 TON SLE PICKUP, LOADED 350 V8	89 CAPRICE CLASSIC ONE OWNER, LOW MILES	93 S-10 PICKUP V6, AUTO, AIR & MORE	95 LUMINA 4 DR. V6, AUTO, AIR & MORE, EXTRA CLEAN	95 OLDS CIERA PROGRAM CAR	94 CAVALIER COUPE EXTRA CLEAN
88 CAPRICE CLASSIC LOADED, EXTRA CLEAN, 49,XXX MILES	90 OLDS CUTLASS AUTO, AIR & MORE	95 HYUNDAI SONATA EXTRA CLEAN	95 S-10 BLAZER LT 4 DOOR, 4X4, LOADED, EXTRA CLEAN	94 SUBURBAN LOW MILES, EXTRA CLEAN	94 ISUZU TROOPER LOADED, EXTRA CLEAN
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 Healthy Conversation provides an opportunity for you to talk with a medical specialist about various health and wellness issues that affect you.

Dr. Agne, a family practice physician, will discuss Alzheimer's Disease. She will address the possible causes, the evaluation process and stages of the disease and treatment.

DATE, TIME, PLACE
 Monday, October 28, 1996
 7 to 8:30 p.m.
 Memorial Hospital Auditorium

INFORMATION
 Attendance is limited to 35 people. Advance registration is required; reservations can be made by calling Memorial's Community Relations Department at 257-5649.

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